

Community HEALTH LINE

www.hunthosp.org

Post Operative Pain Service A National Model of Care

What began with the pursuit of effective pain relief for joint replacement patients took anesthesiologist **Joseph Marino, MD**, across the country and onto the printed page. Dr. Marino was among the pioneers of using peripheral nerve blocks rather than narcotic pain relievers in joint replacement patients during the post-operative period. He found the benefits to be multiple – not only did patients experience a significantly greater degree of pain relief, but they did so without the side effects that commonly accompany narcotic pain remedies – confusion, grogginess, nausea, and respiratory depression.

“I knew that this was working for our patients, but there was a lack of empirical data published about the benefits of nerve blocks,” Dr. Marino recalled. So he set out to perform his own study.

Three years later, after enrolling 225 patients in a randomized clinical trial comparing peripheral nerve blocks to patient controlled analgesia (PCA) in postoperative hip replacement patients, Dr. Marino has written two textbook chapters about this highly specialized procedure, presented a number of lectures to his colleagues around the region, spoken at the national Anesthesiology Society meeting held in San Francisco, and submitted his research findings to a major medical journal for publication.

This caliber of academic activity is more commonly associated with physician-scientists at large, academic medical centers. Dr. Marino and the Department of Anesthesiology at



Joseph Marino, MD, checks the catheter delivering a nerve block to Catherine Marino (no relation), who underwent hip replacement surgery two days earlier.

Huntington have created a model for establishing a postoperative pain service at hospitals around the country.

“Ten years ago, patient controlled analgesia was the standard of care for patients undergoing joint replacement surgery,” Dr. Marino pointed out. These patients typically received a narcotic such as morphine infused through a pump. A button on the pump enables patients to administer the medication when dictated by their own pain level.

“Narcotic pain medicines are fraught with side effects, and the people most sensitive to
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FEBRUARY 2008

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New Technology Helps Infertile Couples Conceive



Accredited by JCAHO

A Message from Kevin F. Lawlor, Huntington Hospital's President and CEO

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Medical technology is nothing short of amazing. Advanced diagnostic technology permits physicians to image bony structures, soft tissue, blood flowing through veins and arteries, the chambers of the heart, and the inner depths of the digestive tract. Computers are at work in the operating room, facilitating treatment planning and helping physicians to map the body prior to performing procedures. Digitization has improved the clarity and resolution of diagnostic images and permits physicians to access those images from remote locations via desktop computers. Technology has put a vast array of tools at the disposal of medical personnel, enhancing the diagnosis and treatment of disease.

However, medical technology is only one ingredient in the recipe for healthcare excellence. Equally as important as having the latest equipment is having a staff that is not only skilled and educated, but also committed to innovation and excellence.

This issue of the *Community HealthLine* highlights the outstanding efforts of a number of our staff who have distinguished themselves as leaders and helped Huntington Hospital provide excellent care to the patients who rely on us.

For example, you will read about our postoperative pain service and its successful and innovative use of peripheral nerve



blocks to provide superior pain management to joint replacement patients. You will also read about our Anticoagulation Management Service, the first of its kind on Long Island. The efforts of this dedicated team are helping to reduce the risk of blood clots in post-surgical patients. This publication also includes an update on the latest breakthrough in infertility treatment, now available at Huntington.

The patients who benefit from this life-altering care look upon the physicians, nurses, and other healthcare professionals at Huntington Hospital as heroes. Likewise, there are times when we look to the community to be our heroes. As a not-for-profit hospital, we rely on the support of our partners in the community – individuals, corporations, and foundations – in order to continue to serve the needs of all those who depend on us.

We are grateful to our generous benefactors like the Dolan Family Foundations who have provided us with a challenge grant to help expand the Dolan Family Health Center's Prenatal Program. We are counting on many others to join with us by supporting our campaign to raise the balance of the funds needed to complete this important project, which you can read about on page 15.

Advanced medical technology, outstanding medical personnel...two sides of the same coin at Huntington Hospital. The support of our community takes that winning combination and makes it even better, enabling us to provide superior medical care to you, your family, your neighbors and friends, whenever you need us, for more than 90 years.

Community HEALTH LINE

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Safety First: Major Effort to Prevent DVTs in Joint Replacement Patients

Huntington Hospital has taken an aggressive and unique step to prevent the number one cause of unexpected hospital deaths – deep vein thrombosis. A comprehensive Anticoagulation Management Service is tackling the problem of deep vein thrombosis (DVT) in joint replacement patients. Targeting these patients across the continuum of care - before surgery, in the operating room, during the post-operative period, through rehabilitation and after they return home – the service’s goal is to prevent DVTs before they occur.

DVT is a blood clot that forms in a vein deep within the body, most often in the lower leg or thigh. Pieces of the clot can break off and travel to the lungs, causing a potentially fatal condition called pulmonary embolism (PE).

“There are two million DVTs a year in the United States and 600,000 PEs,” said **Carol Patrick, ACNP**, Director of Anticoagulation Management Services. “Of these, 200,000 die from the condition.”

Risk factors include being over the age of 40, being immobilized for long periods of time, surgery, a broken bone, or other trauma. Other risk factors are obesity, varicose veins, and having a prior clot or family history of DVT.

Huntington’s effort is being coordinated by **Kathleen Reed, RN, MS, ANP-C**. Joint replacement patients meet Ms. Reed during their pre-surgical testing, when she assesses their risk for DVT and provides education about the condition, including prevention and recognition of symptoms.

The main preventative strategy is for patients to be on anticoagulation medications, more commonly known as blood thinners. Because these medications may also put patients at risk for bleeding, it is vital that they are closely monitored throughout the three-to-six weeks of anticoagulation therapy.

Ms. Reed oversees that monitoring during hospitalization following joint replacement surgery. She then coordinates with rehabilitation centers to

(Continued on page 4)



Kathleen Reed, RN, MS, ANP-C, monitors a patient during anticoagulation therapy.

DVTs

One of the major risk factors for DVTs is immobilization. This can occur not only in the hospital setting, but also during long airline flights and other similar situations. Huntington Hospital experts recommend that everyone become familiar with the risk factors and signs and symptoms of DVTs and PEs.

Risk Factors:

- A history of DVT.
- Disorders or factors that make your blood thicker or more likely to clot than normal. Certain inherited blood disorders, treatment with hormone replacement therapy, or using birth control pills may cause this.
- Injury to a deep vein from surgery, a broken bone, or other trauma.
- Slow blood flow in a deep vein from lack of movement. This may occur after surgery, if you’re ill and in bed for a long time, or if you’re traveling for a long time.
- Pregnancy and the first 6 weeks after giving birth.
- Recent or ongoing treatment for cancer.
- A central venous catheter. This is a tube placed in vein to allow easy access to the bloodstream for medical treatment.
- Being older than 40 (although DVT can occur in any age group).

- Being overweight or obese.
- Hormone replacement therapy.
- Cancer.

Source: National Institutes of Health

Signs and Symptoms

DEEP VEIN THROMBOSIS

Only about half of the people with DVT have symptoms. These symptoms occur in the leg affected by the deep vein clot. They include:

- Swelling of the leg or along a vein in the leg
- Pain or tenderness in the leg, which you may feel only when standing or walking
- Increased warmth in the area of the leg that’s swollen or in pain
- Red or discolored skin on the leg

PULMONARY EMBOLISM

Some people don’t know they have DVT until they have signs or symptoms of PE. Symptoms of PE include:

- Unexplained shortness of breath
- Pain with deep breathing
- Coughing up blood
- Rapid breathing and a fast heart rate also may be signs of PE.

See your doctor right away if you have symptoms of either. Both DVT and PE can cause serious, possibly life-threatening complications if not treated.

Source: National Institutes of Health

What's in Your Genes?

New Technology Puts Parenthood in Reach for Infertile Couples



Michelline Chu, MD, consults with a patient.

For couples struggling with infertility, the dream of becoming parents can seem far out of reach. The advent of remarkable technologies such as in vitro fertilization (IVF) has helped countless couples conceive, yet despite these interventions, there are some who are still not able to achieve pregnancy.

Infertility specialists have a new tool to help couples undergoing IVF improve their odds of success. By performing pre-implantation genetic diagnosis (PGD), physicians can identify those embryos that have a genetic abnormality that might result in miscar-

riage or a debilitating genetic disability. Only healthy embryos are implanted.

“This technology allows us to ensure the genetic health of the embryos that are created using the IVF process,” explained **Michelline Chu, MD**, a specialist in infertility and reproductive endocrinology in Huntington Hospital’s Women’s Health Center.

To understand how PGD works, it is necessary to understand IVF. The process begins with a woman receiving drugs that cause her to ovulate. She will typically produce a number of eggs, which are extracted and fertilized with

sperm in the laboratory. Physicians then implant one or more of the resulting embryos into the uterus. A pregnancy test approximately two weeks after the implantation procedure will confirm that the embryos are viable and pregnancy has been achieved.

In cases where women have experienced multiple miscarriages, or have given birth to a child with a severe genetic abnormality, PGD can be performed prior to the implantation process.

“There are two types of PGD,” noted Dr. Chu. The first is called pre-implantation genetic screening, or PGS. This test screens 12 of the 23 pairs of chromosomes that make up human cells for abnormalities. “PGS may be recommended for women who have had multiple miscarriages, had repeated IVF failures, or who are older than 40,” said Dr. Chu.

The second type of PGD might be appropriate for couples who have lost a child to a genetic disease or who have a child with a serious genetic disease. In this case, physicians take blood samples from both parents and use this to create a targeted genetic test for the specific abnormality.

“This is an exciting new tool to help couples achieve their goal of a healthy baby.” said Dr. Chu.

Prevent DVTs *(Continued from page 3)*

ensure that patients are appropriately monitored during their stay in rehab. Finally, when patients return home, Ms. Reed works with home care providers or patients directly to continue monitoring until therapy ends.

“Monitoring is done with a simple finger stick blood test, and results are available in 45 seconds,” Ms. Reed noted.

Ms. Reed also communicates with patients’ primary care physicians to ensure that all information regarding

patients’ conditions is available to everyone involved in providing care.

“We want to make sure that this issue is addressed throughout the full spectrum of care, from before surgery until the patient returns to their primary care physician,” Ms. Reed said. “We especially focus on the transitions between levels of care – from hospital to rehab, and from rehab to home.”

“Huntington Hospital is the only hospital on Long Island to invest the resources into this comprehensive

approach to anticoagulation management,” said **James Gurtowski, MD**, Chief of Orthopedics at Huntington. “It speaks volumes about our commitment to providing joint replacement patients with the highest standards of care and safety through our Center for Orthopedics and Joint Replacement.”

For additional information on Huntington Hospital’s Anticoagulation Management Services, please call (631) 351-2687.

Stroke Association Recognizes Huntington

On the heels of being named a Designated Stroke Center by the New York State Department of Health, Huntington Hospital has been awarded a Bronze Performance Achievement Award from the American Stroke Association (ASA), a program of the American Heart Association. The Award recognizes the hospital's compliance with seven components of the ASA's "Get with the Guidelines" program for three consecutive months.

Guidelines are focused on prevention and treatment of stroke in key areas of the hospital, including the Emergency Department and inpatient units. The seven measures are designed to ensure that stroke patients are diagnosed and treated appropriately within a critical time period following the onset of symptoms.

"The guidelines were established to ensure that stroke patients receive a diagnostic CAT scan and, when appropriate, clot-busting medications within three hours of the onset of stroke symptoms," said **Max Rudansky, MD**, Chief of Neurology and Medical Director of Huntington Hospital's Stroke Center.

Know the Warning Signs of Stroke

Stroke is a medical emergency. Know these warning signs of stroke and teach them to others.

Every second counts:

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

Call 9-1-1 immediately if you experience symptoms!

Source: American Stroke Association

"We know that stroke patients who receive this standard of care have a better prognosis than those who do not."

Huntington's Quality Management Department demonstrated the hospital's compliance with the guidelines for a three month period in early 2007. The Bronze Award is in effect from December 2007 through December 2008.

"New York State requires compliance with 'Get with the Guidelines' as part of its designation of Huntington as a Stroke Center," said **Corazon Paraso, RN, MSN, CCRN, CAN, BC**, Quality Management Coordinator.

Ms. Paraso explained that the hospital's next goal is to pursue the ASA's Silver Award, which indicates that an expanded set of ten guidelines have been met for 12 consecutive months. In addition to the original seven, the new guidelines also address the assessment of patients for swallowing difficulties, assessment for rehabilitation and education of the patient and family regarding stroke prevention, recognition of symptoms, and reduction of risk factors.



Diana Barrett, American Heart Association (second from right) presented Huntington Hospital with a Bronze Performance Achievement Award in recognition of the hospital's compliance with the AHA's "Get with the Guidelines" Stroke Program. Accepting the award on behalf of the hospital were (left to right) Lorraine Maier, Quality Management Department; Corazon Paraso, RN, MSN, CCRN, CAN, BC, Quality Management Coordinatory; Max Rudansky, MD, Chief of Neurology and Medical Director of the hospital's Stroke Center; and Michael B. Grosso, MD, Sr. VP, Medical Affairs.

Bone Density Testing Diagnoses a Silent Disease

Osteoporosis affects 24 million American women and is responsible for 1.5 million bone fractures in the United States each year. Yet in its earliest stages the disease causes no pain, has no symptoms, and may progress unnoticed.

Since its risk factors are well known and osteoporosis screening is safe, fast and effective, healthcare professionals recommend regular bone density screenings as a way to prevent progression of the disease.

“Most physicians recommend a baseline screening for healthy women just prior to menopause,” said **Merrilee Kerr**, a licensed radiological technologist. “Once a woman has completed menopause, she should be screened every two years.”

Individuals who are at increased risk for osteoporosis, including men and children who suffer from certain conditions or are being treated with certain medications, may also benefit from bone density screening.

Huntington Hospital’s Women’s Health Center is equipped with the latest generation of software to scans to be completed in a matter of seconds.

“Our unit is capable of scanning children and adults,” Ms. Kerr noted. Individuals who are anorexic or bulimic, have Crohn’s disease, Cushing disease, Celiac Sprue, have been treated for any medical condition with the long-term use of steroids, or have undergone a prolonged period of immobilization, may be susceptible to bone loss that characterizes osteoporosis.

There is no treatment to reverse or cure osteoporosis, however with early detection of the condition, medications are available to slow or even halt its progression.

Huntington’s bone density screening software enables physicians to compare earlier bone density scans, even those performed at other facilities using other equipment, with current scan results.

“Patients simply have to bring their earlier scans with them and we can easily compare the older test results to our results in order to gauge the progression of the disease or the effectiveness of treatment,” said Ms. Kerr.

The hospital’s Picture Archive and Communication System (PACS), a fully digital diagnostic imaging system, permits scans to be viewed by physicians in remote locations, including other hospital units, the Emergency Department, or even their private offices.

The Women’s Center’s convenient hours and flexible schedule are designed to encourage women to schedule a bone density examination at the same time as their annual mammography. Bone density tests may be scheduled on Tuesdays through Thursdays, from 8:30 AM until 3:00 PM. For additional information or to schedule an examination please call (631) 351-2564.

Laboratory Accredited by International Organization

Huntington Hospital’s Blood Bank, part of its Laboratory Department, has been accredited by the AABB, the international organization formerly known as the American Association of Blood Banks. In order to achieve accreditation, Huntington’s Blood Bank met stringent standards set by AABB and also completed an intensive site survey to assess the level of medical, technical and administrative performance within the facility.

“Huntington Hospital sought this voluntary accreditation because it indi-



cates that our Blood Bank has achieved a level of professional and medical expertise associated with the highest standards of quality,” said **Jean Thompson, MS MT (ASCP)**, Manager of Huntington Hospital’s Laboratory.

Nationwide, only 1,700 similar facilities have earned AABB Accreditation. Accreditation is based on a specific set of standards that reflect a level of professional proficiency. AABB accredited organizations are recognized as leaders in their field.

Remember Huntington Hospital in Your Will

Please consider remembering Huntington Hospital in your Will. Your attorney can easily update your Will by adding a few simple sentences describing your intent to ensure that your wishes for a charitable gift to the hospital are fulfilled.

Once you’ve decided to make a gift to Huntington Hospital in this way, we hope that you’ll let us know. We would very much like the opportunity to thank you. For additional information or to discuss your giving plans, please contact the hospital’s Development Office at (631) 351-7040 x106.

2007

Cancer Program ANNUAL REPORT

A Message from Birjis Akhund, MD, Chairman of Huntington Hospital's Cancer Program

In any endeavor, it is vitally important to have a goal, and immensely gratifying to achieve it. I believe that Huntington Hospital's Cancer Program has achieved its ambitious goal, which is to successfully screen, diagnose, and treat patients in the community.

When dealing with cancer, perhaps more so than any other medical problem, having access to care that is equivalent to that available at any major treatment center without having to leave the local community is an enormous benefit. It essentially removes the arduous effort of traveling many miles for daily treatment and eliminates the fear and uncertainty of relying on unfamiliar medical practitioners during an emergency. Overall, having a comprehensive cancer program in the Huntington community has contributed significantly to the quality of care and has undoubtedly helped in improving outcomes.

Recently we received independent, third party confirmation of this fact. The American College of Surgeons' Commission on Cancer (ACoS), after an exhaustive site survey in the Fall of 2007, granted Huntington Hospital's Cancer Program three-year approval as a Comprehensive Community Cancer Program. This certification signifies that the hospital's entire cancer program meets or exceeds rigorous national standards established by the ACoS. Designation as a "Comprehensive Community Cancer Center" is reserved for only a third of all approved cancer programs in the nation.

We did not achieve this goal accidentally. It only came about through the concerted efforts of dedicated



healthcare professionals from a variety of disciplines. Specialists in all fields, including surgery, oncology, radiation therapy, radiology, pathology, medicine and others are committed to coordinating patient care to achieve outcomes comparable to those reported at major teaching/research institutions.

One of the mechanisms in place to ensure this coordinated approach to care is weekly meetings, attended by professionals from a variety of specialties, to discuss newly diagnosed cases. We also hold weekly lung cancer conference dedicated to the screening, treatment and follow up of patients with lung cancer. At this conference, every newly diagnosed patient is discussed in detail by a multidisciplinary panel of experts within a week of diagnosis.

We are able to offer our patients up-to-the-minute diagnostic and treatment approaches through our participation in national clinical trials. This affords patients access to newly emerging therapies while remaining close to the support of their families, friends and home.

Our Pathology Department provides molecular analysis of a variety of tumors for biological characteristics that will allow more precise treatment protocols. We also offer assessment of genetic risk for cancer and, based on the outcome, can provide appropriate interventions.

Because we know that early diagnosis in most cases affords patients the greatest chance of a cure, we are committed to providing free community education and screening programs. Our hospital has invested in a state-of-the-art radiology program, including digital mammography and MRI, to provide optimal screening tools to detect cancer early. Free skin cancer and men's health screening programs are offered annually.

Twice a year, community cancer conferences are held to address a variety of aspects of cancer care. Community members are encouraged to attend these free programs and to bring their questions for our panel of experts.

Our most recent initiative is our revised website which provides a wealth of educational information as well as assistance locating available services and programs related to cancer care. It can be accessed at www.hunthosp.org, click on Don Monti Cancer Center under "Huntington Hospital's Health Centers."

Most importantly, patients who require admission to the hospital for cancer treatment can be assured of entering a qualified community cancer center where a familiar team of doctors, specialized nurses, and a multidisciplinary team of healthcare professionals will expedite their care and provide the best outcomes.

2007 Cancer Program Highlights

- The Cancer Committee welcomed two new members: radiologist **Kevin Klayman, MD**, and neurologist **Musarat Shareeff, MD**.
- Nearly 500 cancer survivors, their families and the professionals who cared for them attended Cancer Survivor's Day in June. The Cold Spring Harbor High School Jazz Ensemble Band provided entertainment. A number of survivors gave inspirational talks. Many attendees went home with one of 114 gift baskets that were donated by Huntington Hospital staff members and local businesses.
- In an effort to improve survival by encouraging early detection, Huntington Hospital sponsored its annual Skin and Colorectal Cancer Screening in May. Of the 148 people screened, four were positive for squamous skin cancer, seven were found to have basal cell skin cancer and one was diagnosed with melanoma.
- Attending oncologist **Michael Buchholtz, MD**, appeared on Telecare Channel 29 to speak about magnetic resonance imaging and breast cancer detection.
- The Women's Health Center announced a number of new initiatives to enhance the detection of breast cancer. The Center's equipment was upgraded to fully digital mammography capabilities. In addition, the Center now provides breast magnetic resonance imaging (MRI) for high-risk women whose physicians recommend these tests. There is also a new, third-generation stereotactic biopsy system.
- **Arlene Sussman, MD, Marilyn Wong, MD, and Helene Cole, MD** joined the Women's Health Center as mammographers. These three professionals were educated and trained at prestigious institutions and bring with them a wealth of experience in breast imaging.
- Two well-attended and enthusiastically received Breast Health Forums were held in 2007. Each featured a multidisciplinary panel of experts in the diagnosis and treatment of breast cancer who responded to audience questions.
- Huntington Hospital partnered with the community, holding a special Father's Day Men's Health Screening at the Bethel AME Church on Jericho Turnpike in June. More than 40 men participated in the screening, which included checks of blood pressure, cholesterol, blood glucose, and colorectal and prostate screenings. Two participants were found to have abnormal PSA's, ten had high blood pressure, ten were found to have high glucose and nine were diagnosed with high cholesterol. All received follow-up to be sure they have access to treatment.
- An endoscopic ultrasound machine was purchased. This equipment will facilitate the diagnosis of cancerous lesions in the gastrointestinal tract ensuring earlier and safer treatment.



- A New York State Department of Health grant funded the provision of supportive services for husbands of women diagnosed with breast cancer. The grant also funded an outreach program to assist children of women diagnosed with breast cancer. Through the grant, age-appropriate resources such as coloring books and guidebooks are available to help youngsters understand what is happening to their mother. Support from social workers is also available to help parents help their children cope with this chronic illness.
- **Gary Stone, MD**, Director, Laboratories, finished the New York City Marathon in 3:59:16 and in doing so raised \$7,000 for Team Continuum. Dr. Stone's involvement with this charity led Huntington Hospital to apply for a \$10,000 grant from Team Continuum, which was approved. Funds will be used to help defray those costs of cancer treatment that are not covered by insurance.
- The hospital continued its partnership with the Suffolk County Department of Health's "Learn to Be Tobacco Free" smoking cessation program. In 2007, three smoking cessation programs at the Dolan Family Health Center, with 30 -35 individuals enrolled at each session. Participants are encouraged to follow up with Nicotine Anonymous, a 12-step program offering free support meetings at the hospital every Wednesday night. Led by **Patti Aliperti**, the group is open to the entire community and is free of charge.
- Members of the Cancer Committee met with the school nurse and Director of Health Education for Harborfields High School to determine the best ways to educate high school students on "safe sun." School officials also requested that a representative from the hospital speak at detention to those students who have broken school rules and were found to be smoking. **Patti Aliperti**, Nicotine Anonymous group leader, attended one of these after school detentions.

Huntington Hospital Offers Free Skin and Colorectal Cancer Screening May 3

Would you know how to recognize a melanoma on yourself? According to a new study published in the January 2008 Archives of Dermatology, even non-experts can recognize abnormal looking moles which may be cancerous. In the study, by comparing moles to others in photographs of the same individual, even people without medical training could pick out the mole that looked different. Dubbed the “ugly duckling” mole by researchers, these tended to be the moles associated with melanoma, the most serious form of skin cancer.

For those who prefer to entrust the identification process to a medical professional, Huntington Hospital presents its annual free full-body skin cancer screening on Saturday, May 3, 2008 from 8:30- 11:30 AM. Screenings will take place in the Pre Admission Testing Department by appointment and will be performed by a dermatologist. Those who have never been screened before are encouraged to attend.

While malignant melanomas comprise only 4% of all skin cancer, they result in 80% of skin cancer deaths. One person dies of malignant melanoma

every hour.

“Fortunately, when diagnosed and treated at an early phase, malignant melanoma is curable,” said **Michael Dannenberg, MD**, Chief of Dermatology.

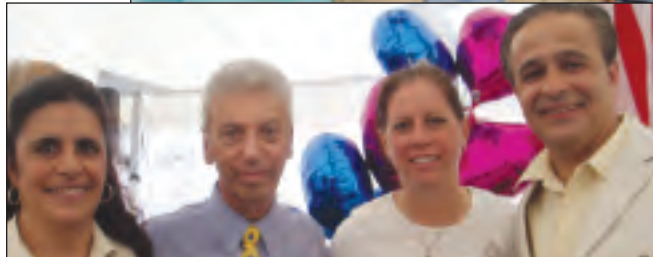
The Skin Cancer Screening is free, but appointments are required. In addition to the skin cancer screening, at-home colorectal cancer screening kits will be available to all participants. Please call (631) 351-7040 ext. 104 on April 22 - April 24 to schedule an appointment or for more information.

Cancer Survivors Day a Celebration of Life

Each June, Huntington Hospital celebrates “Cancer Survivors Day” with a special luncheon to pay tribute to the growing numbers of individuals living with and beyond a diagnosis of cancer. In 2007, nearly 500 people attended

this uplifting celebration of life. The event included a barbecue lunch, music provided by the Cold Spring Harbor Jazz Ensemble, and door prizes. Stirring speeches were made by several survivors.

As guests bid one another farewell at the end of the party, they did so with the promise of meeting again next year. Cancer Survivors Day 2008 is scheduled for June 1.



Cancer Support Programs at Huntington Hospital in 2008

Breast Cancer Support Group I

This program is designed for women newly diagnosed with breast cancer in the past year. Meetings are held the 2nd and 4th Thursdays of each month at 5:30 PM in the Women's Health Center. For more information, please call Gail Probst, RN, AOCN, at (631) 351- 2568 or Judy Koles, RN, OCN, at (631) 351- 2624.

Breast Cancer Support Group II

This program is designed for women who have been diagnosed with breast cancer more than one year ago. Meetings are held on the 3rd Thursday of each month, from 7:00 to 9:00 PM in the 1-South Conference Room. There are no meetings in July and August. For additional information, please call Toni Lico at (631) 757-4581.

Grupo de Apoyo de Mujeres

Latinas con cancer en los senos. Pare mas informacion, por favor de llarmara Carmen a (631) 951- 6908.

Nicotine Anonymous

This program offers a 12-step fellowship of men and women helping each other lead nicotine-free lives. Meetings are held every Wednesday at 7:30 – 8:30 PM in Trailer #1. For more information, please call Patti Aliperti at (631) 385-1410.

Oncology Support Group

The group assists cancer patients and/or their significant others. The group meets every Wednesday at 7:00 – 9:00 PM in the Women's Center. For more information, please call Sue Degnan, LMSW, at (631) 351- 2013.

Prostate Cancer Discussion Group

For more information, please call Christine Greiner, RN, at (631) 351- 2449 or Gail Probst, RN, AOCN, at 351- 2568.

Sister's of Greater Long Island

The Sister's Network is an African-American breast cancer survivor's organization. For more information, please call Pamela at (516) 606-2685, Mary at (631) 643-6702, or Cynthia at (631)351-2843.



Ostomy Group

This group is for all patients with ostomies. Meetings are held on the third Monday of the month, from 7:30 (except January, February, July and August) in the 1 South Conference Room. For information, contact Maria Farrauto, RN, (631) 351-2374. No reservation/registration required.

Look Good...Feel Better

These free sessions feature licensed cosmetologists who offer make-up and hair care tips for women undergoing cancer treatment. It is held every other month: January, March, May, July, September, and November from 6:00 to 8:00 PM in the 1 North Lounge. For information, contact Gail Probst, RN, (631) 351-2568. Call to register and for specific dates.

Bereavement Group 2008

This group is for adults grieving the death of a loved one. It meets consecutive Mondays for eight weeks from 7:00 to 9:00 PM in the Women's Health Center. Session one begins March 10; Session two begins September 8. For more information, contact Sue Degnan, LMSW (631) 351-2013.

Bereavement: Handling the Holidays

The meeting will be on Monday, November 10, 2008 at 7:00 PM in the Women's Health Center. For more information, contact Sue Degnan, LMSW at (631) 351-2013.



Dolan Family Health Center Set to Expand Prenatal Program

In a perfect world, every new mother would receive high quality prenatal care throughout the entire course of her pregnancy. Unfortunately, this is not always the scenario. The reality is that every single day, right within our own community, there are pregnant women who lack the financial and other resources to obtain traditional prenatal care. For more than 12 years, Huntington Hospital's Dolan Family Health Center has been the place where expectant mothers, regardless of their economic status or access to health insurance, receive the high quality prenatal care necessary to provide new Huntington residents with a healthy start in life.

For the first time in its history, the Dolan Family Health Center is launching a fundraising campaign to underwrite the cost of expansion to accommodate the growing number of prenatal patients who rely on the Center for care. With a generous challenge grant from the Dolan Family Foundations, the entity that helped build the Center by providing it with a naming gift in 1995, the current fundraising campaign seeks to raise \$350,000 from individuals, corporations, and foundations that would support the Dolan Center's mission.

"We view our role as helping put

young families on the path to pursuing the American dream," said **Terence Smith**, Administrator of the Center. "By helping to provide newborns with a safe and healthy start in life, we play a vital role in building healthy families which become the backbone of our community."

Huntington Hospital's Dolan Family Health Center opened its doors in October 1995 as Long Island's only privately owned, charitably supported, free standing facility dedicated to providing primary and preventive health-care to uninsured and underinsured families. The Center represents a unique partnership between the hospital and Suffolk County, which is a significant source of annual funding. It is staffed by a core team of fully credentialed Huntington Hospital physicians, complemented by a cadre of advanced practice nurse practitioners, registered nurses, and allied health professionals.

Since its inception, the Center's staff has worked closely with civic, business and community leaders to ensure that the care provided is always culturally sensitive, without the impediment of financial or language barriers. The Center has grown to become a heavily utilized and valued community resource, logging more than 30,000 visits by men, women, and children

each year, and hosting numerous free community lectures, health screenings, educational and outreach activities sponsored by both Huntington Hospital and other not-for-profit organizations.

In 2007, Dolan's obstetricians delivered 368 babies, making the Dolan Family Health Center's obstetrical program the second busiest of all Suffolk County health centers. Hospital planners predict that this growth trend will continue, requiring the Center to reconfigure unfinished space within the facility and to add examination and waiting rooms. This expansion will also increase efficiency in the adjacent Adult Medicine Department, which has also seen steady increases in demand.

If you would like to help the Dolan Family Health Center meet its latest challenge, please mail your tax-deductible donation in the envelope enclosed with this newsletter. Gifts of \$250 are acknowledged with an engraved brick affixed to the façade of the Dolan Center; gifts of \$1000 or more are acknowledged with an engraved building block.

Donations may be made by cash, check, or credit card. For additional information, please call the Office of Development and Community Relations at (631) 351-7040 ext. 103.



Townwide Fund Supports Dolan

Marilyn Jollon, CNM, Dolan Family Health Center (left) and Terence Smith, Administrator, DFHC (right), thanked Townwide Fund President Tom Finnegan for a generous gift which will be used to create a waiting room for prenatal patients.

Lullaby Signals New Births

It's 7:15 on a typical weekday morning at Huntington Hospital. Physicians are doing their early morning rounds on patients. The cafeteria has just opened and weary visitors are coming in for their first cups of coffee. Nurses and other staff members have just begun their shifts. Suddenly, the sounds of Brahms' Lullaby float from the public address system. Hospital staff members pause and share a smile with patients; people waiting for the elevator comment on the significance of the sweet tune.

In January, Huntington Hospital launched its "Stork Club," alerting the entire hospital every time a baby is born by playing Brahms' Lullaby over the loudspeaker system.

The project is modeled after similar initiatives at hospitals around the nation. Huntington nurses thought it would be a nice way for families to share their good news with all patients, staff and visitors throughout the hospital.

The tune is played by pressing a button located in the hospital's Labor and Delivery Unit.

"We let the new dad or a significant family member press the button to share news of each baby's birth," said **Nina Goldsztejn, RN, MSN,**



Jeffrey and Julissa Shade celebrated the birth of their son, Jason, at Huntington Hospital by inaugurating the hospital's "Stork Club," a new initiative that alerts the entire hospital to the birth of a baby by playing "Brahm's Lullaby" over the hospital's intercom system. Mr. Shade was the first new dad to push the "Stork Club" button, signaling to all hospital patients, visitors and staff that baby Jason was born. On hand to help the couple launch the new project were (left to right) Carin McLelland, RN, Nurse Manager, Labor and Delivery; Nina Goldsztejn, RN, Assistant Director of Nursing; Mr. Shade; Jeanne Pearsall, RN; Suzanne Dodge, RN; Fran Shayowitz, RN; Gerald Siegel, MD, Chief of Obstetrics and Gynecology; Mrs. Shade and Jason (on stretcher).

WHCNP, BC, Assistant Director of Nursing.

Ms. Goldsztejn was on hand, along with **Carin McClelland, RN, BSN, BC,** Nurse Manager, Labor and Delivery Unit, and **Gerald Siegel, MD,** Chief, Obstetrics and Gynecology, when **Jeffrey Shade** pressed the button for

the very first time. Mr. Shade and his wife, **Julissa,** heralded the birth of their son, **Jason.**

So if you happen to be visiting Huntington Hospital and you hear that special melody, pause for a moment to welcome another special delivery to the world.



Big Thanks for A Very Big Check

Huntington Hospital's Auxiliary presented a large gift - \$279,914 - to the hospital, the proceeds of all of its fundraising programs conducted in 2007. Michael Quartier, Vice President, Administration (background, center) and Kevin F. Lawlor, President and CEO (far right) thanked the Auxiliary Executive Committee members (left to right) Mary Ellen Smiros, Auxiliary Secretary; Anita Rizzo, Vice President - Advocacy and Outreach; Irene Levee, Auxiliary Treasurer; Patti Aliperti, Vice President - Finance; and Edna Fetkowitz, Auxiliary President.

Quiet Hour Helps Patients Rest Assured

By their very nature, with round-the-clock staffing and the ability to respond to emergencies at any hour of the day or night, hospitals are constantly busy, and oftentimes noisy, places where patients can be assured of receiving excellent medical care, but not necessarily a peaceful, healing environment.

Huntington Hospital is trying to overcome that by piloting a “Quiet Hour” on selected inpatient units. To signal the start of the “Quiet Hour,” a nurse makes a brief announcement, inviting patients and visitors to join with the staff in observing one hour of soothing calm. The lights are dimmed, soft music and calming images are available on the hospital television system’s 24-hour Relaxation Channel, and aromatherapy is offered.

“Patients may request a lavender treatment. This is very calming,” explained **Judy DiBartolo, RN, HNC**, a holistic nurse who is a member of the hospital’s Center for Complementary Care. “Patients may also request a peppermint scent which can help ease nausea and instill a sense of well-being.”



The idea for the Quiet Hour began with a holistic nursing conference Ms. DiBartolo attended two years ago. There she met representatives of a company that was producing relaxation tapes and DVDs for hospitals to air on their in-house television networks. By incorporating images of nature, soothing music, and poetry, the goal was to provide patients with a relaxing alternative to the bustling hospital environment.

Ms. DiBartolo brought the concept back to Huntington, and the hospital’s 24-hour Relaxation Channel was born. Relaxation DVDs air on a continuous

loop on hospital channel 24 and may be purchased in the gift shop.

“We know that too much stress interferes with wellness,” explained Ms. DiBartolo. “This project encourages a sense of calm not only among patients and family members, but also among our healthcare workers.”

Mrs. DiBartolo has been making presentations about this project to her nursing colleagues throughout the hospital.

“We have raised their consciousness about the fact that a quiet environment can be more conducive to healing,” she noted.

The Quiet Hour is just one of the innovative initiatives promoted by the Center for Complementary Care. The Center also offers free yoga classes for employees as well as a “Prepare for Surgery, Heal Faster®” class for patients anticipating surgery or other medical procedures. Stress management and massage are also available.

For additional information on the Center or its programs, please call (631) 547-7173.

**SAVE
THE DATE**

**SATURDAY,
APRIL 12, 2008
THE DOLAN FAMILY
HEALTH CENTER
284 PULASKI RD.
GREENLAWN, NY 11740
11AM – 3PM**

Jack & Jill of America, Inc., Suffolk County Chapter
in partnership with Huntington Hospital’s Dolan
Family Health Center

PRESENTS

3RD ANNUAL FAMILY HEALTH FAIR

Taking Control...Body and Soul

- Live Music
- Snacks
- Vendors
- Performances by area talent
- Fun and Games for the Kids

**FREE
Admission!**

This event is funded, in part from an Independent Grant,
by the Jack and Jill of America Foundation, Incorporated.
www.jackandjillfoundation.org



Pain Relief *(Continued from page 1)*

these side effects, particularly confusion and respiratory depression, are the elderly," Dr. Marino said. "With the use of continuous peripheral nerve blocks as an alternative, many patients manage to receive no narcotics at all."

Others may receive a prescription for an oral narcotic medication when they leave the hospital. "The most painful post operative period is the first 72 hours after surgery, so the nerve block is continued for that period of time," Dr. Marino explained. "By the time patients are ready to leave the hospital the majority of their pain symptoms will have dissipated."

Debbie Patane knows first-hand how well the nerve blocks work. Three years ago, the 41-year-old mother of two underwent her first total hip replacement surgery. Mrs. Patane, a registered nurse who is married to a general surgeon, was given PCA in the form of a morphine pump following her surgery.

"The first night I was in tremendous pain and the PCA did not do much for me," she recalled.

Two years later, osteoarthritis forced her to return to her surgeons, **David Weissberg, MD** and **Scott Alpert, MD**, for her second total hip procedure. This time, she was given a nerve block while still in the recovery room.

"The difference was like night and day," Mrs. Patane said. "I was able to rest that first night, and get up and move around the next day."

"Joint replacement patients need to get up to begin therapy right away," Dr. Marino noted. Continuous peripheral nerve block techniques allow patients to participate in an accelerated physical therapy program which improves outcomes and reduces the duration of their hospital stay. Patients are examined daily by members of the Department of Anesthesiology to ensure adequate pain control as well as monitor for any

block-related side effects such as numbness.

According to Dr. Marino, peripheral nerve blocks are superior to epidurals because they target one specific area without numbing the entire lower half of the body, allowing patients to get out of bed and walk shortly after surgery. However, placing peripheral nerve blocks is technically demanding and requires special training.

"For this reason, we are still one of only a handful of hospitals to offer this type of pain relief," Dr. Marino concluded. "Patients undergoing total joint replacements at other hospitals may not be given this option."

The Department of Anesthesiology is an integral part of Huntington's Center for Orthopedics and Joint Replacement's commitment to providing patients with a safe and painless total joint replacement surgery experience.



HUNTINGTON HOSPITAL in conjunction with AEROSOLES Is Proud to Present

Heart & Sole

...a shoe shopping fundraiser with proceeds to benefit the Cardiology Department at Huntington Hospital

Present this coupon with your purchase of any shoes at
AEROSOLES IN HUNTINGTON
from **March 16 through March 22, 2008** and save:

10% off your second pair of shoes

15% off your third pair of shoes

20% off your fourth pair of shoes

Plus - **10% off** all handbags

* Redeem your coupon and Aerosole's will donate a portion of your purchase to Huntington Hospital's Cardiology Department.

AEROSOLES

260 Main Street, Huntington, NY 11743 (631) 271-7653

Should you have any questions, please call Huntington Hospital's Office of Development & Community Relations at (631) 351-7040 x101.

Margaret J. (Peggy) Krepp, RN, Recipient of North Shore-LIJ Leadership Award

The North Shore-LIJ Health System has recognized **Peggy Krepp, RN, MS, CNA, ANP, CDE**, with its Award for Excellence in Nursing Leadership. Ms. Krepp has been employed by Huntington Hospital since 1977 in progressively responsible roles and now holds dual positions, serving as both the Nursing Administrator who oversees service excellence and community outreach programs and the Nurse Practitioner in charge of the hospital's Employee Health Service.

"Peggy excels in every area of responsibility and is among the most widely respected professionals in our organization," said **Myrna Myers-Laque, RN, MED, CNA, BC**, Vice President, Nursing.

In her role as Nursing Administrator, Ms. Krepp assists managers across the hospital with interpreting and understanding patient satisfaction data in order to implement positive changes in the patient experience. She advocates for workplace improvements because of



the potential for staff satisfaction to positively impact on patient satisfaction.

As the nurse practitioner responsible for Employee Health Services, Ms. Krepp has recently re-vamped the physical exam requirements for new employees resulting in a significant annual cost savings. In addition, she has greatly

expanded the scope of the Employee Health Service to include a focus on wellness. Last year, she initiated a Women's Heart Health Program which offered female employees the opportunity to undergo a free cardiovascular risk factor evaluation. She also initiated a Smoking Cessation Program for employees.

"It was an honor to receive this award, but I must share credit with my colleagues at Huntington Hospital who make it easy to come to work each day and perform a job that I love to do," said Ms. Krepp.

Peggy holds a BSN, MSN and Adult Health Nurse Practitioner certification from SUNY Stony Brook. In addition, she is a Certified Diabetes Educator and holds three ANCC certifications in Nursing Administration, Cardiac Rehabilitation Nurse and Cardiovascular Nurse. In 2000, she was Huntington Hospital's nominee for the Nassau-Suffolk Hospital Council's Nurse of Excellence program.

John R. Wagner, MD, New Medical Staff President

John R. Wagner, MD, was recently appointed to a two-year term as president of Huntington Hospital's medical staff. A graduate of Georgetown University, Dr.



Wagner earned his medical degree from Mount Sinai School of Medicine where he was the recipient of the Alan F. Guttmacher Award for Excellence in Obstetrics and Gynecology. He completed both an internship and residency in obstetrics and gynecology at University Hospital in Stony Brook where he served as chief resident and where he was the recipient of numerous awards including the Martin L. Stone Award for Outstanding Resident.

"What I hope to accomplish during

my term as president is to increase the awareness within our community of the outstanding programs at Huntington Hospital, many of which go beyond what most tertiary care centers offer," said Dr. Wagner.

"We have a full array of orthopedic and cardiology services, as well as an outstanding cancer program," added Dr. Wagner who is a member of the hospital's cancer committee.

He mentioned the survival rate for stage 1 and stage 2 breast cancer patients who receive treatment at Huntington Hospital, which is equivalent to the regional and national averages, according to a national cancer database.

"Huntington Hospital's rapidly expanding Cardiology Department employs two full-time electrophysiologists who implant defibrillators and pacemakers as well as provide a host of other cardiology services. This year we plan to open a second cardiac catheteri-

zation laboratory," added Dr. Wagner.

"And we provide the latest advancements in pelvic reconstructive and minimally invasive gynecologic surgery as well," he further explained.

Board-certified in obstetrics and gynecology, Dr. Wagner specializes in urogynecology and laparoscopic and pelvic reconstructive surgery. A member of the Alpha Omega Alpha Honor Society and the American Association of Gynecologic Laparoscopists, Dr. Wagner is also a Fellow of the American College of Obstetrics and Gynecology.

Huntington residents, Dr. Wagner and his wife, **Patti**, have four children, **P.J.**, 23, **Andy**, 20, **Tim**, 17, and **Meaghan**, 15. Having grown up in St. Louis, Dr. Wagner is an avid Cardinals fan unlike his family who prefers the local teams. He enjoys gardening and running to keep in shape. Dr. Wagner completed the most recent Long Island Marathon in four hours and six minutes.

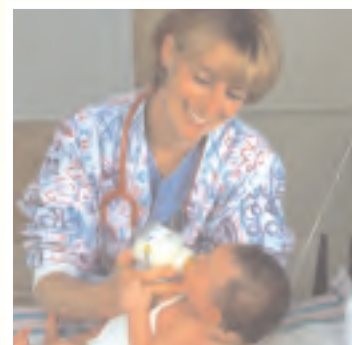
Huntington Hospital Offers Healthcare Scholarships

Huntington Hospital is offering \$500 scholarships to graduating seniors who are interested in pursuing a career in healthcare. Up to ten \$500 scholarships may be awarded.

REQUIREMENTS:

- Applicants must be accepted into an accredited two or four year college at time of award
- Deadline for submission is April 1
- Students must attend a public or private school in Huntington Township

Applications and additional information can be obtained in each high school's Guidance Department or on the Huntington Hospital website at www.hunthosp.org



**North
Shore LIJ** Huntington Hospital

North Shore-Long Island Jewish Health System

Health Insurance Update For Empire Blue Cross Senior Plan Subscribers

We are pleased to inform patients who have Empire Blue Cross Senior Plan (Senior Plan) health insurance that effective January 1, 2008, Huntington Hospital has a contract with Senior Plan which will cover patients for emergency

room services, as well as elective inpatient and outpatient services at Huntington Hospital. Please note that certain elective services require an authorization by Senior Plan prior to services being provided and it is the

patient's responsibility to ensure an authorization has been obtained. For additional information or specific coverage questions, please contact Empire Blue Cross Senior Plan.

Infection Control Department Recommends Hand Hygiene for Everyone

Hand hygiene is the simplest and single most effective way to protect yourself from infections and diseases, and prevent their spread to others, according to **Denise Naval, RN**, Huntington's Infection Control Coordinator.

"Germs cannot be seen and hide on surfaces in the environment," she explained. "We pick up germs on our hands when we touch things. Hands carry dozens of germs that can cause common colds, stomach viruses, flu and other serious illnesses and these germs can enter your body if you touch your mouth, eyes or nose or if you have open cuts, nicks or scratches."

Both in the hospital and at home, hand hygiene is the best defense against infection and the most important infection control practice.

Effective hand hygiene methods include hand washing and using alcohol



based hand rubs.

Washing your hands with soap and water is recommended when:

- Hands are visibly soiled or contaminated with blood or body fluids
- Before eating
- After using the restroom

Alcohol based hand rub can be used to routinely clean hands in all other instances.

When washing hands:

- Use warm running water and soap
- Lather and rub hands together, paying special attention to fingertips, cuticles, around rings and under nails for at least 15 seconds. (Remove rings if possible)
- Rinse hands thoroughly and pat dry.
- Turn off taps with hand towel.

Alcohol based hand gel:

- Apply one application. Rub hands together as above until dry, paying special attention to fingertips, cuticles, around rings and under nails.
- Apply hand lotion several times daily to prevent dry cracked skin which may lead to infection.

DONATE YOUR CAR, TRUCK, VAN OR BOAT

to **Huntington Hospital**

When you support your local hospital, we all benefit.

North Shore LIJ Huntington Hospital
North Shore-LIJ and Mount Sinai Health System

• **Fast Free Towing**
• **Free Nationwide Service**

Call **Miles Ahead Network** at **1-800-868-6004**

Donations are tax-deductible based on the amount for which the vehicle is sold.

Physicians in this Issue

This issue of the HealthLine features a number of Huntington Hospital's talented attending medical staff. Their names, phone numbers, and areas of specialization are listed below.

Birjis Akhund, MD	Medical Oncology . . .425-2285	Max Rudansky, MD	Neurology351-1250
Scott Alpert, MD	Orthopedics423-4090	Musarat Shareeff, MD	Neurology271-1206
Michael Buchholtz, MD	Oncology/Hematology . .427-6060	Gerald Siegel, MD	Obstetrics/ Gynecology499-8181
Michelline Chu, MD	Infertility/Reproductive Endocrinology351-2589	Gary Stone, MD	Pathology351-2288
Helene Cole, MD	Radiology (Mammography) . . .351-2564	Arlene Sussman, MD	Radiology (Mammography) . . .351-2564
Michael Dannenberg, MD	Dermatology421-4188	John Wagner, MD	Obstetrics/ Gynecology261-3322
James Gurtowski, MD	Orthopedics673-5255	David Weissberg, MD	Orthopedics351-0295
Kevin Klayman, MD	Radiology351-2297	Marilyn Wong, MD	Radiology (Mammography) . . .351-2564
Joseph Marino, MD	Anesthesiology351-2785		

*It's Coming...
the Huntington Hospital
"Spring into Action" Online Auction*



MARK YOUR CALENDAR:

Auction Dates:

May 1 through May 22, 2008

It's not too early to register as a bidder.

Simply visit hh.cmarket.com

Sponsorship opportunities are still available. Proceeds from this auction will help Huntington Hospital maintain and enhance patient care areas such as the

- Don Monti Cancer Center
- Heart Center
- Clark Gillies Pediatric Unit
- Emergency Department
- Melvin Aboff Physical Therapy and Sports Medicine Center
- Dolan Family Health Center
- ...and others

Please invite your friends, family and neighbors to participate in the auction.

We are in need of quality items and services to add to our auction catalog.

If you have anything you would like to donate we would love to hear from you.

Visit hh.cmarket.com and use the **Donate Items** button on the left or call:

Helen Dudkewic: (631) 351-7040 x103
HDudkewic@hunthosp.org

Sheila Kastner: 5BK915@aol.com.

*Special thanks to our sponsor,
Otterbrough, Steindler,
Houston & Rosen*

ALL EVENTS ARE FREE
EXCEPT WHERE OTHERWISE NOTED.

Community Calendar

MARCH 10

BEREAVEMENT SUPPORT GROUP

Meets for 8 consecutive Mondays
WOMEN'S HEALTH CENTER, 7:00 PM
Contact Sue Degnan, LMSW, OSW-L,
(631) 351- 2013

MARCH 12

"A PATIENT'S GUIDE TO HIP AND KNEE REPLACEMENT SURGERY"

James Gurtowski, MD
Chief, Orthopedics
1:30 PM registration and refreshments;
2:00 PM lecture
Dolan Family Health Center
For additional information or to register,
please call (516) 465-2500

MARCH 18

LOOK GOOD...FEEL BETTER

Hair and make-up tips for women
undergoing cancer treatment
6:00 – 8:00 PM, One-North Lounge
For additional information or to register,
please call (631) 351-2568

APRIL 3 – MAY 8

LEARN TO BE TOBACCO FREE

Free medications, nicotine patches, and more
Every Thursday for six weeks;
6:00 – 7:15 PM
Reunion May 29
Huntington Hospital Trailer #3
For additional information or to register,
please call Irene Housley, RN,
at (631) 351-2385

APRIL 9

"COMMON FOOT DISORDERS"

William Wessinger, DPM
6:30 PM registration; 7:00 PM lecture
Dolan Family Health Center
Sponsored by Brian Tully, Esq.
Estate Planning & Elder Law
For additional information or to register,
please call (631) 351-7040 ext. 104

MAY 7

"TOTAL JOINT SURGERY"

Paul Choi, MD
Dolan Family Health Center
6:30 PM registration; 7:00 PM lecture
Dolan Family Health Center
For additional information or to register,
please call (631) 351-7040 ext. 104

MAY 20

LOOK GOOD...FEEL BETTER

Hair and make-up tips for women
undergoing cancer treatment
6:00 – 8:00 PM, One-North Lounge
For additional information or to register,
please call (631) 351-2568

GRUPO DE APOYO DE MUJERES

Latinas Con Cancer En Los Senos
Pare mas informacion, por favor de llarmara
Carmen a (631) 951-6908

OSTOMY GROUP

Meets 3rd Monday of the month
Except January, February, July and August
7:30 PM 1-South Conference Room
Call Maria Farrauto, RN (631) 351-2374

HEPATITIS C SUPPORT GROUP

Sponsored by the American Liver Foundation
TRAILER #1 7:00-9:00 PM
Contact Gina Pollichino (631) 754-4795

NICOTINE ANONYMOUS

*A 12-step fellowship of men and woman help-
ing each other to lead nicotine-free lives.*
Meets every Wednesday
7:30 – 8:30 PM TRAILER #1
For more information please call Patti
Aliperti at (631) 385- 1410

ON GOING

BREAST CANCER SUPPORT GROUP I

For women newly diagnosed in the past year
Meets the 2nd and 4th Thursday
of each month. 5:30 PM
WOMEN'S HEALTH CENTER
Call Gail Probst, RN, AOCN,
at (631) 351-2568
or Judy Koles, RN, OCN, at (631) 351-2624

BREAST CANCER SUPPORT GROUP II

*This program is designed for women who have
been diagnosed with breast cancer more than
one year ago.*
Meets 3rd Thursday of each month
There are no meetings in July and August
7:00-9:00 PM, 1-South Conference Room
For additional information
call Toni Lico at (631) 757-4581

ONCOLOGY SUPPORT GROUP

Meets every Wednesday
7:00 – 9:00 PM WOMEN'S CENTER
For more information please call Sue
Degnan, LMSW, OSW-C, NBFC (631) 351-
2013
or Mary Gordon, RN (631) 351-2343

SISTER'S NETWORK

*An African-American Breast Cancer
Survivors' Organization*
For information, please call Pamela at (516)
606-2685, Mary at (631) 643-6702, or
Cynthia at (631)351-2843

Save These Dates

Thursday 9/18/08

Last Bash of Summer
Thatched Cottage Caterers
Centerport

Thursday 12/11/08

An Enchanted Evening
Oheka Castle
Cold Spring Hills

NOT ACTUALLY PROCEEDS

WIN



**WIN a two-year lease of a
2008 PORSCHE CAYMAN
or a
2008 PORSCHE BOXSTER
AND help a worthy cause.**

No wonder your heart is racing!

**Raffle tickets may be purchased from the cashier in the main lobby,
or call Huntington Hospital's Office of Development and
Community Relations at 631.351.7040 Ext.104**

Tickets are \$25.00 each, 3 for \$50.00 or 9 for \$100.00 cash, check, American Express, MasterCard, Visa or Discover. (Please make checks payable to Huntington Hospital.) Credit card orders may be placed by telephone. Call 631.351.7040 Ext. 104. Drawing to be held October 15, 2008 in conjunction with the Long Island Festival in Huntington. Winner need not be present to win.

**Proceeds to benefit the expansion of
Huntington Hospital's Dolan Family Health Center Prenatal Program.**



**Special thanks to
Porsche of Huntington**



PORSCHE

11286-2-08

HUNTINGTON HOSPITAL
270 Park Avenue
Huntington, NY 11743