



HUNTINGTON HOSPITAL:



HEALTHCARE YOU

CAN COUNT ON



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SOCIAL SECURITY WHEN we retire, an overnight package arriving on time, the Yankees winning yet another World Series...these days, we cannot always count on the things we once took for granted. • Huntington Hospital is the exception. The hospital was founded 95 years ago by a concerned group of community members. It became a reality thanks to the philanthropic gesture of Cornelia Prime, who donated the land the hospital occupies. Over the decades it grew in response to evolving community needs and progressed along with advances in technology. Through decades

of change, the hospital has maintained its steadfast commitment to meeting the healthcare needs of the community it serves. It provides, as it always has, healthcare you can count on.

With more than 11,000 patient visits anticipated this year and a team of pediatric emergency specialists, the Clark Gillies Children's Emergency Care Center can be counted on to provide comprehensive diagnosis and treatment of children's ailments at any hour of the day or night. As a State-designated Level II Trauma Center with an advanced surgical services pavilion and skilled neurosurgeons, you can count on Huntington Hospital to provide expert neurosurgical care to patients with brain or spinal cord injuries or malignancies. When minutes count, our newly renovated, \$3 million Cardiac Services Unit is staffed by cardiac specialists and nurse practitioners ready to provide lifesaving interventions to open blocked coronary arteries or pace a heart that is beating out of rhythm.

Our bariatric surgery team celebrates with our patients as they count backwards each time they step on the scale following minimally invasive weight loss surgery. Our medical oncologists, surgical specialists, oncology-certified nurses, radiation

therapists and pathologists support the thousands of patients treated in our Don Monti Cancer Center as they count the days remaining until they are declared cancer-free.

Measurement is vitally important in healthcare. It permits us to gauge our performance, ensure that we are providing the best quality care available, and benchmark our outcomes against national standards for quality. Measurement helps us determine that our multidisciplinary breastfeeding initiative has made an impact on the lives of new mothers and babies in our area, that our outreach programs have improved the health of the community, and that our nursing professionals are among the top seven percent in the nation.

Just as you rely on us to meet your healthcare needs, we in turn rely on you to support our mission. As a not-for-profit hospital, all of our resources are reinvested into the facility to expand and renovate the physical structure, purchase advanced medical equipment, and launch new programs. Ever cognizant of our responsibility to the community, we pride ourselves on processes which emphasize operational efficiency. Even so, patient fees and reimbursement are inadequate to fully fund our capital and programmatic needs. We are grateful to the thousands of

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donors who partner with us each year to help us meet our obligation to provide a technologically advanced hospital where the latest techniques are available.

Healthcare is in a period of transformation. Reform is in the forefront both nationally and on the State level. We are shifting away from a model that emphasizes treating illness and toward a model that focuses on improving health; away from lengthy hospitalizations and toward seamless, integrated and coordinated care that begins prior to hospitalization, includes the hospital stay, and continues through the post-hospital phase of recovery. We are collaborating with our colleagues at North Shore-LIJ Health System to ensure that our hospital remains strong, viable, and responsive to our ever changing healthcare environment while remaining sensitive to our community's unique needs.

Change is progress. By anticipating rather than following trends, we believe that we are prepared for the changing healthcare environment. We cannot slow the pace of progress, but we are determined that some of Huntington Hospital's best attributes will never change. Our unwavering dedication to your health is something you can always count on.



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A Split Second TO SAVE A LIFE

I T ONLY TOOK a split second for 18-year-old **Jacqueline Koslosky**'s life to nearly come to an end when her car slid on an icy road, hitting another vehicle head-on. And it took neurosurgeon **Ramin Rak**'s split-second decision to rush the unresponsive teenager to the operating room to bring her back from the brink.

Jacqueline was crumpled in the footwell of the passenger side of her Nissan Altima when rescuers arrived on the scene of the accident. Injuries to the left side of her head were extensive when she arrived at Huntington Hospital's Emergency Department that January morning. Within half an hour, Dr. Rak was explaining to her devastated family that the situation was grave. Her brain had shifted to the right and there was intracranial bleeding causing pressure inside her skull.

"I wish that no parent ever has to go through what we went through that morning," said her mother, **Maria Saccente**.

"I examined her after her CT scan and she had no signs of brain function," Dr. Rak recalled. It was a judgment call whether to attempt surgery on a patient whose injuries were so severe. Despite the poor prognosis, Dr. Rak decided to bring Jacqueline to the operating room to try to relieve the pressure

Prior to her accident, Jacqueline was training to become a hairdresser and had done some modeling. (Right) Ramin Rak, MD, made a split-second decision that saved Jacqueline's life.




on her brain. "I wanted to do whatever I could to give her every chance."

In surgery, Dr. Rak removed a piece of Jacqueline's skull. He then surgically removed the blood clots that were exerting pressure on her brain. Disheartened by the poor condition of her brain, he paused and asked the operating room staff to say a prayer for Jacqueline.

"A few minutes after the pressure was relieved, I saw a miracle," Dr. Rak said. Jacqueline's brain began to pulsate. The surgical staff reacted immediately. "Everybody started clapping their hands and jumping up and down. I knew in that moment that we had saved her life."

Several hours after the surgery began, Jacqueline's family, bolstered by dozens of friends and relatives who had rushed to the hospital upon hearing of her accident, had their own opportunity to celebrate when Dr. Rak gave them the incredible news.

Huntington's Neurosurgical Capabilities

 **Huntington Hospital** has all of the elements in place to provide the community with an excellent Neurosurgical Service. Dr. Rak and his colleagues have the expertise to treat the most severe head traumas and accident victims of all ages. Brain tumor patients also benefit from sophisticated

surgical approaches including awake craniotomies. In addition to the surgical expertise that Dr. Rak brings to Huntington, the hospital has a well trained and credentialed staff of professional nurses, both in the operating room and in the intensive care unit. Intensivists are also in place to provide high level care to

patients in the ICU setting. The hospital has also invested in state-of-the-art neurosurgical equipment and updated technology including brain mapping software and functional MRI. In 2010, nearly 300 brain surgeries were performed at Huntington, and volume is expected to increase in the coming years.

RAMIN RAK, MD

“The care here is as high-quality as can be found in a neurosurgical department.”

Jacqueline spent four weeks in Huntington Hospital's Intensive Care Unit, where she was carefully watched over by Dr. Rak and a team that included intensivists, critical care specialists who are on-site 24-hours-a-day, along with intensive care registered nurses.

“Dr. Rak and his neurosurgical physicians' assistants, the ICU nurses, and the entire staff couldn't have been better,” Mrs. Saccente said.

Jacqueline initially remained sedated and on a ventilator. It took a week and a half after surgery for her to open her eyes. Her anxious family didn't leave her side.

“We slept in the waiting room and took turns staying with her,” said Mrs. Saccente.

Once Jacqueline's brain had completely decompressed, Dr. Rak took her back to the operating room where he reattached the bone flap that had been removed during the initial surgery.

“We have a special protocol to save the bone flap by freezing it,” Dr. Rak explained. “During the second surgery we reconstructed her skull. Now she looks as beautiful as she ever did, like nothing happened to her.”

Jacqueline's next step was an inpatient rehabi-

litation hospital, where she spent the next seven weeks re-learning how to walk, talk, and master other basic skills. On April 12 she finally returned to her family's Melville home.

There is still a long road of outpatient therapy ahead as Jacqueline continues to make progress, but the outlook is positive.

“Recovery from an injury like this is a gradual process,” said Dr. Rak. “She is right-handed, so the left side is the dominant part of her brain. But she is young and healthy and very likely to make a full recovery.”

“To see the recovery she's made is unbelievable,” said Jacqueline's grateful mother. “She's walking and talking up a storm.”

Dr. Rak credited the seamless process at Huntington Hospital for Jacqueline's amazing success.

“If anything had gone wrong in this scenario, if I wasn't there to operate, or the operating room wasn't ready, if there had been any loss of minutes in this case, we would have lost her,” he stated. “The care here is as high-quality as can be found in a neurosurgical department at any hospital. And it is available right here in Huntington.” ...

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300

In 2010, nearly 300 brain surgeries were performed at Huntington.



Dr. Stephenson gave Mr. Risman's heart a clean bill of health at his recent check-up.

NEW CARDIAC PACEMAKER IS MAGNET-SAFE

LUB-DUB. Lub-dub. Lub-dub. In a normal heart, this rhythm repeats itself roughly 70 times per minute. But on a recent evening as 77-year-old **Leo Risman** was sitting down to dinner with his family at a local restaurant, his heart strayed from its normal rhythm. As his frightened family looked on, his skin became pale white and he fell unconscious from his chair.

Mr. Risman was brought by ambulance to Huntington Hospital and was admitted to the cardiac unit where his heart was continuously monitored. Within 48 hours, physicians had recorded another episode.

"They woke me up and said that my heart had skipped four beats," Mr. Risman said.

In reality, Mr. Risman's heart had stopped beating for five seconds. He was diagnosed with a triad of cardiac issues which made him a prime candidate for treatment with a pacemaker. His first problem was syncope, or fainting. Not in itself life-threatening, fainting spells can result in serious physical harm if they strike while a person is driving a car or walking down stairs. Mr. Risman also had sinus node dysfunction, which explained his skipped heartbeats.

"The sinus node is the main electrical switch in the heart," noted **Kent Stephenson**, MD, Associate Chief of Arrhythmia Services at Huntington.

"In Mr. Risman's case, this switch, which initiates each heartbeat, was getting stuck in the off position."

Lastly, Mr. Risman had a persistently slow heartbeat.

"These three issues together are a harbinger of worsening cardiac symptoms. The main preventive strategy is to implant a pacemaker," said Dr. Stephenson.

A cardiac pacemaker is a slim device that fits inside the palm of the hand. It is implanted under the skin near the collarbone. Thin insulated wires called leads attach the pacemaker to the heart, transmitting electrical impulses that regulate the heartbeat.

Mr. Risman has a complicated health history that includes serious spine problems that require monitoring with magnetic resonance imaging (MRI). Most pacemakers are incompatible with MRI studies. The powerful magnet that creates the MRI images can interfere with the electronic operation of the pacemaker or even cause it to shift, potentially harming the patient or damaging the pacemaker.

Dr. Stephenson recommended that Mr. Risman consider a new, MRI-safe pacemaker.

"The device has been used safely in Europe for





EP Lab Part of Renovated Cardiac Services Unit

Mr. Risman was treated in the Electrophysiology Laboratory, part of Huntington Hospital's newly renovated and equipped Cardiac Services Unit which opened in November. The Unit contains two new cardiac catheterization laboratories and a new electrophysiology laboratory. Part of the Mariani Cardiology Center, the facility contains the latest generation of cardiac imaging equipment and permits the hospital to perform elective cardiac angioplasty, the most advanced non-surgical technique available for opening blocked coronary arteries.

To perform an angioplasty, an interventional cardiologist inserts a needle into an artery in the groin or wrist and threads a narrow, hollow tube, called a catheter into the heart. Dye injected through the catheter enables the cardiologist to take a moving image of the heart's chambers and vessels. If a blockage is detected, a tiny mesh tube, called a stent, is attached to a deflated balloon and inserted through the catheter.

Saline is used to inflate the balloon, pushing the stent to the true coronary artery walls, and restoring blood flow.

Huntington's cardiac catheterization laboratory opened a decade ago and in 2010 performed nearly 1,000 angiograms, making it one of the busiest centers of its kind on Long Island. It is also consistently one of Long Island's top performers in moving heart attack patients swiftly from the Emergency Department to the cath lab for this life-saving procedure. Known as "door-to-balloon time," Huntington's median time for restoring blood flow in cardiac patients is faster than the national standard.

With its staff of two full-time electrophysiologists who diagnose and treat heart rhythm disturbances, along with 11 interventional cardiologists and the support of North Shore-LIJ Health System, Huntington's Cardiac Services Unit is ready to provide expert care during an emergency at any hour of the day or night. ...

several years and was recently FDA-approved here in the United States," said Dr. Stephenson. Both the device and leads used with the new system have been tested and deemed safe for use during an MRI scan.

With a history of prostate cancer, Parkinson's disease, and coronary artery disease as well as his orthopedic spine issue, Mr. Risman knows that MRI imaging may be necessary for him in the future.

"I have a lot of health issues," Mr. Risman said. "It is good to know that I can get an MRI with this pacemaker if I need one."

A slight bump under the skin is Mr. Risman's only indication that the pacemaker is there. Other than the fact that his heart has been beating a steady rhythm since it was implanted, he doesn't

even realize that it is working. Despite his numerous health concerns, he remains active.

"I go to the gym every day. I go out for coffee with my friends afterwards. My wife and I like to travel," he said.

Former skiers, the couple has traveled around the world, skiing in Europe, the Western United States, and even Argentina. They are considering a trip to Canada to attend the grand opening of their daughter's new yoga studio and may take a cruise in the near future.

"I don't let my health problems hamper me," he said. "If I have to walk a lot I use a cane."

Now that his heart is back to keeping a steady rhythm, Mr. Risman can return to his former pace. ...

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308

The number of
pacemakers implan-
ted at Huntington
Hospital in 2010

At a recent follow-up visit, Dr. Buchin congratulated Rosaria Pinto on her ongoing weight loss.



WHATEVER THE WORLD

Has for Me

D

EAR DR. BUCHIN: My name is Rosaria Pinto and I am writing to you in hope of some guidance. I'm 26 years old and have been severely obese all my life...

So began the email that would change Rosaria Pinto's life. On that fateful night two years ago, Rosie was online looking for a surgeon to help her. Just 5' 2" tall, she weighed 430 pounds.

"I must have sent letters to at least 20 surgeons that night," she recalled. Only one took the time to send her a personal reply. **David Buchin, MD**, Huntington Hospital's Bariatric Surgeon, responded by email, encouraging her to make an appointment with him and suggesting that she research the gastric sleeve procedure, a laparoscopic surgery that reduces the size of the stomach by about 85%. Dr. Buchin was among the first Long Island surgeons to perform this innovative procedure.

"I was so touched by her letter, I just knew I had to help her," Dr. Buchin said. The email revealed Rosie's deepest feelings, her fears about the impact that her obesity was having on her health, but more importantly, her hope for a bright future...

I am filled with life, anyone of my friends can tell you. I am filled with hope, anyone in my family can tell you. I am filled with love, anyone that has ever met me can tell you... I am also filled with fear that only I know...I fear every night before I go to sleep that I have lived my last day.

When she wrote the letter, Rosie's father, a diabetic who had undergone double bypass surgery, was lying in a hospital bed.

"My family history is filled with whatever disease and whatever joint problem you can think of," Rosie said. "So I'm sure I was in for a life full of visits to the hospital and that scared me."

Most of my childhood I spent seeing doctors to see what could possibly be wrong with me, with no answers. I can sit here and tell you my sob story but I'm sure

you've heard them all before, so I won't. What I will share with you is that I am looking for the right doctor to help me lead the life I want and that I feel I deserve.

Three years earlier, Rosie had been to another bariatric surgeon who encouraged her to lose some weight on her own before he would perform surgery. He put her on a liquid diet and she lost 60 pounds.

"After I went through the whole process and lost 60 pounds, he was still not comfortable," she remembered. The surgeon told her to come back after she had lost another 60 pounds. "It was really hard hearing him tell me I had to lose more weight. It set me back. I gained all that weight back and more."

Dr. Buchin also advised Rosie that she needed to lose some weight prior to her surgery. But instead of a shake diet, he helped her lose 60 pounds through healthier eating and exercise. On May 24, 2010, after she had lost 60 pounds, he performed her surgery as promised. Since then Rosie has lost 175 pounds and found a whole new person emerging.

"The experience changes your whole perspective on life," she stated. "Before I was very closed off to the world. I never set any goals for myself. Now I have a whole list of things I want to do for myself. I lost 175 pounds. What else can I do?"

Among her goals is a trip to Florida to visit relatives, something she would never plan before the weight loss because she was afraid that she would have difficulty sitting comfortably on a plane. She also plans to run in a 5K race in May, just 12 months after her surgery.

The procedure that Rosie had, the sleeve gastrectomy, is ideal for patients who have very high medical risk, high weight or BMI, complex surgical histories or those who are fearful of potential complications from an intestinal bypass. Because the sleeve procedure reduces the production of the hormone ghrelin, it helps suppress

the appetite and the hunger sensation.

In this procedure, a portion of the stomach is sectioned off and removed. Unlike a gastric bypass, the nerves to the stomach and the outlet valve remain intact, preserving the functions of the stomach while reducing its volume.

"The sleeve gastrectomy is the newest and most promising procedure for obesity," said Dr. Buchin. "It is associated with fewer potential complications than gastric bypass and provides faster and greater overall weight loss than LapBand."

Dr. Buchin strongly believes in selecting the most appropriate operation for each person's individual needs. He uses a laparoscopic approach for all bariatric procedures. He is also skilled and experienced in advanced laparoscopic general surgery for non-bariatric patients, performing minimally invasive hernia repairs, gallbladder removal, and colon surgery.

Rosie's email concluded by saying:

I am a challenge and do require help. If you are up for my challenge, I welcome yours.

Together, she and Dr. Buchin rose to the challenge. While she continues on her weight loss journey, Rosie is enthusiastic about everything that lies ahead.

"I'm ready for whatever the world has for me," she said. Her message to others considering bariatric surgery is heartfelt:

"Nothing worthwhile in life is easy," she noted. "Everyday is difficult whether it is after surgery or before, whether it's your weight or life in general. Having the surgery didn't change what food I want to eat or like to eat. What the surgery changed was me. I want to take care of me, I want to eat healthier and exercise. Going to the gym is exciting for me. I'm doing things I never thought I'd be able to. I emailed Dr. Buchin because I was scared to die and now I'm so excited to live." ...

DAVID BUCHIN, MD

"The sleeve gastrectomy is the newest and most promising procedure for obesity."

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175

Number of pounds
Rosaria Pinto
lost with her
bariatric surgery

A MORE NATURAL APPROACH

to Breast Reconstruction

LAST NOVEMBER, *Carol Mattes received shocking news. The 48-year-old mother of two learned that she had multi-focal breast cancer.* • *“When they told me I have cancer that was a blow,” she said. “No one in my family has ever had breast cancer.”*

A sore lump under her arm was Carol's first sign that something might be wrong. She scheduled a mammography, her first in three years. The mammography revealed a 1.5 cm mass in her breast, along with a cluster of cells that is not typically indicative of cancer but in her case turned out to be malignant. At the same time, an ultrasound revealed that the lump under her arm was caused by swollen lymph nodes where the cancer had spread.

Carol saw a general surgeon who laid out several options. Not fully comfortable with his recommendations, she sought a second opinion with a different surgeon who offered to perform a lumpectomy. But Carol was still not comfortable with the information and choices she was hearing. Her fiancé, **Peter Prianti**, knew several physicians at Huntington Hospital who recommended breast surgeon **Alison Mishkit**, MD. Once Carol met Dr. Mishkit, she felt she had finally come to the right place.

“She took all my X-rays and mammographies and laid everything out more understandably” Carol recalled. “She connected me with a whole group of phenomenal doctors who led me in the right direction.”

Because the cancer was not contained, Dr. Mishkit recommended a mastectomy. She also discussed options for reconstruction, including a silicone implant or the DIEP Flap procedure which uses the patients' own belly fat to mold a more natural-looking breast. Dr. Mishkit suggested that Carol see plastic and reconstructive surgeon **Ron Israeli**, MD, one of a

few Long Island surgeons skilled and experienced in the DIEP Flap procedure.

“The DIEP Flap is a state-of-the-art procedure that involves the transfer of tissue from the abdomen to create a breast shape,” explained Dr. Israeli. “We do it without removing any of the abdominal muscles, so we're able to get a living, natural breast reconstruction without the potential for problems that would occur in older procedures using abdominal tissue that require removing muscle.”

To perform the DIEP Flap, surgeons use microsurgical techniques to reattach tiny blood vessels so that the transplanted abdominal tissue remains viable. This takes longer than other reconstruction surgeries.

“Even though it takes longer and requires an abdominal incision, patients get the benefit of a flatter belly or abdominal wall, which many are happy with,” said Dr. Israeli. “In addition, it is the woman's own natural tissue so there are no potential problems that can occur with an implant such as scarring or hardness. In my mind it is the best option for most women.”

Carol elected to have a double mastectomy with DIEP Flap reconstruction.

“It was well worth it,” confirmed Carol. “I did not have any pain. I did not take pain killers. I had heard so many things about silicone possibly



Carol Mattes (left) is grateful that she found a team of doctors to recommend the right course of treatment for her. They include Ron Israeli, MD (left) and Alison Mishkit, MD (above).

hardening and having to be replaced. Your body will never reject your own tissue.”

With the DIEP procedure, the reconstruction takes place at the same time as the mastectomy, with the breast surgeon and reconstructive surgeon working as a team.

“It is more technically challenging for the surgeon to do the DIEP procedure,” said Dr. Mishkit. “In most cases we use a skin sparing technique, so it takes longer. But the results speak for themselves.”

Huntington Hospital’s surgeons have been ahead of the curve in performing breast reconstruction using the patients’ own tissue.

“The quality of the breast reconstruction is highly dependent on the quality of the mastectomy,” Dr. Israeli noted. “The success of the DIEP Flap requires a breast surgeon who specializes in skin, nipple, and areola sparing mastectomy techniques. Not everybody does this.”

Carol is conquering the challenge of breast cancer with the grace and courage of a woman who has had to overcome adversity before. She

raised her children, **James** and **Jessica**, on her own after losing her husband in a tragic accident years ago. She recently finished two courses of chemotherapy under the care of **Magdalena Petryk**, MD, and is preparing for five-and-a-half weeks of radiation with **Heather Zinkin**, MD. Throughout her treatment, she has only missed one week of work.

She is looking forward to a family trip to Cancun this summer so that she can relax and regroup after her nearly year-long journey. After the long-anticipated vacation, she will undergo her final phase of reconstructive surgery.

In the meantime, she continues to work and finds that she is gratified by opportunities to help other women going through similar situations. She has spoken to other newly diagnosed breast cancer patients to share her insights and perspective.

Her message to others is straightforward: “Search until you feel confident with your doctors. That will lead you in the right direction. The key thing is to find the right doctor and the right hospital.” ...

CAROL MATTES

“Search until you feel confident with your doctors. That will lead you in the right direction.”

Dr. LaCorte, Dr. Avarello
and ultrasound technolo-
gist Siobhan Aramanda

Back to TURNING CARTWHEELS

A *NASTY STOMACH virus made for a busy Thursday night in Huntington Hospital's Clark Gillies Children's Emergency Care Center. Five different children had been brought in with nausea and vomiting, and Jahn Avarello, MD, Chief of Pediatric Emergency Medicine, was prescribing lots of fluids and anti-nausea medication. Although five-year-old Julia Freedman's symptoms were similar to the other children suffering from the stomach bug, Dr. Avarello suspected that something more serious than a virus was making her sick.*

"Her pain pattern was a little different, the look on her face was a little different," he remembered. He ordered an abdominal ultrasound and accompanied Julia and her parents to the Radiology Department so he could watch as the test was performed. As the ultrasound technologist slid the probe over Julia's belly, Dr. Avarello spotted evidence that reinforced his suspicions. One of Julia's ovaries was 30 percent bigger than the other, a possible indication that she had an ovarian torsion.

Ovarian torsion occurs when the ovary twists on the supporting ligaments, cutting off its own blood supply. It is unusual although not unheard of in a five-year-old, but more often occurs in adolescent girls and women.

While the ultrasound examination bolstered Dr. Avarello's suspicions, it is not a definitive test. But Dr. Avarello knew that if he was correct, Julia would

need surgery immediately. He arranged for a North Shore-LIJ Health System ambulance to bring Julia to the Steven and Alexandra Cohen Children's Hospital in New Hyde Park where his colleague, **Justin LaCorte, MD**, was waiting.

After discussing the case with Dr. Avarello on the telephone, Dr. LaCorte called in pediatric gynecologist **Heather Appelbaum, MD**, who confirmed the diagnosis and rushed Julia into surgery. Using laparoscopic techniques that enabled her to operate through three tiny incisions, Dr. Appelbaum was able to untwist the ovary. She then placed tiny stitches in the fallopian tube to prevent the ovaries from twisting again. Best of all, she was able to save Julia's ovary, providing her with the best chance of one day having children of her own.

"If we had sent her home from the emergency department that night, she would have lost the ovary," said Dr. Avarello.

Julia's parents, **Maurice and Karina Freedman**, felt overwhelmed by how quickly the situation unfolded.

"Julia is a tiny little girl. She only weighs 44 pounds," said Maurice. The couple's anxiety was alleviated by the pediatric specialists caring for Julia



MAURICE FREEDMAN

“We feel blessed that we ended up at the right place.”

both at Huntington and Cohen Children’s Hospital.

“We feel blessed that we ended up at the right place,” Maurice said. He credited Dr. Avarello’s knowledge of children’s emergency medicine and Dr. Appelbaum’s expertise in diagnosing and treating a relatively rare condition with preserving his daughter’s future fertility.

Less than 48 hours after her operation Julia was able to return to the home she shares with her parents and eight-year-old brother, **Alex**. A few weeks later, the energetic kindergartener was turning cartwheels again.

“We didn’t know there was a pediatric emergency room at Huntington,” said Maurice. “We’re grateful that Dr. Avarello was there and that he took the time to diagnose Julia on a night when the hospital was full of sick kids. He could have given us anti nausea medication and a couple of pain pills and sent us on our way. Instead he saved my daughter.”

Huntington’s Clark Gillies Children’s Emergency Care Center is adjacent to the hospital’s fully equipped Emergency Department. It is open and specially staffed from 4:00 pm to 1:00 am, when most pediatricians’ offices are closed

and many pediatric emergencies occur.

Staffing during these hours includes physicians who specialize in pediatric emergency medicine, many of whom also work at Cohen Children’s Medical Center; a member of North Shore-LIJ Health System and one of the New York area’s leading children’s hospitals. Specially trained pediatric emergency nurses are also on staff. During the nighttime hours, the Center has a separate entrance and expedited registration and triage to speed sick children through the diagnosis and treatment cycle while keeping them segregated from the adult section of the Emergency Department.

In 2010, more than 10,000 children were treated at the Center, and the first quarter of 2011 saw a 15% increase in visits, a testament to the skills and dedication of Dr. Avarello and his colleagues.

While many children come to the Clark Gillies Children’s Emergency Care Center for relatively minor health problems, the hospital contains the full complement of diagnostic equipment and subspecialists to diagnose and in many cases treat more complex illness or injuries. Children who require extremely specialized care can be seamlessly transferred to Cohen Children’s Medical Center. ...

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10,000

Number of children treated in the Clark Gillies Children’s Emergency Care Center in 2010



GIVING BABIES THE BEST START In Life

FOURTEEN-MONTH-OLD *William Streater's mom, Andrea, had planned to try breastfeeding for at least a month. Instead, she breastfed William for a full year.*

“Once he got to be seven or eight months and started moving around, that became the only time I could sit and be quiet with him,” she recalled. “I didn’t want to give up that close quiet time.”

Andrea still misses the closeness that she and her baby shared while breastfeeding, but she is happy that she was able to provide him with such a healthy start in life.

“I’m glad I did it for a year,” she said. “It is the best nutrition you can give them.”

The research is in and the experts agree — breastfeeding is best for babies and mothers. The benefits are well-documented (see sidebar). To help promote breastfeeding and support women who choose this optimal method of meeting their babies’ nutritional needs, in 2010 Huntington Hospital was invited to join an elite group of hospitals participating in New York State’s Breastfeeding Quality Improvement in Hospitals (BQIH), a collaborative project of the Department of Health and the National Initiative for Children’s Healthcare Quality (NICHQ).

Across the State, nearly 80 percent of women choose to breastfeed, yet



William Streater is now a happy, healthy fourteen-month-old.

there is a wide disparity statewide among the percentage who breastfeed exclusively. The federal “Healthy People 2020” goal for 46.2 percent of babies to be breastfed for the first three months.

To help increase rates of exclusive breastfeeding in newborns, the hospital launched a Breastfeeding Collaborative Team, a multidisciplinary group chaired by **Ethel Galea**, RN, IBCLC, the hospital’s dedicated Lactation Consultant. The Council consists of physicians including **Michael B. Grosso**, MD, Senior Vice President of Medical Affairs and a practicing pediatrician; **Maritza Martinez**, MD, pediatric hospitalist; obstetricians **Donna-Marie Schneider**, MD, and **Felicia Callan**, MD; and pediatricians **Lauren Kupersmith**, MD, and **Bruce Gerberg**, MD, Chief of Pediatrics. Key nursing staff members including **Susan Goldman**, RN, BC, CNS, **Carin McClellan**, RNC, **Diane Phinney**, RNC, and **Lisa Polacek**, RN, IBCLC, are also on the team.

As part of the State-wide collaborative, Ethel Galea, Susan Goldman, and others travelled to Albany to attend a kick-off event last year. They met with their counterparts from other hospitals around the State and shared ideas and strategies. Since that initial meeting, the groups have



Breastfeeding specialist Ethel Galea, RN, IBCLC, cradles a newborn.

participated in bi-monthly conference calls and webinars to discuss best practices, brainstorm, and benchmark their results.

One of Huntington Hospital's most successful initiatives has been its weekly Breastfeeding Support Group. Facilitated by Ethel Galea, the group provides breastfeeding mothers and their babies with a forum for discussing their common challenges and enables them to help one another find workable solutions.

"Lifelong friendships have been made through the group," Mrs. Galea said.

"It was great to meet other people going through the same things I was and having an opportunity to talk about it," said Mrs. Streater, who credits the group with helping to support her effort.

Boosting breastfeeding rates requires a multipronged approach, one that educates not only expectant and new mothers, but also their healthcare providers and their support network. The first step was to educate the nurses who care

for new mothers and babies in the hospital.

"Forty percent of our registered nurses have taken an 18-hour course called 'Ten Steps to Successful Breastfeeding,' which was offered through the State Collaborative," said Mrs. Goldman.

According to experts, mothers who decide about infant feeding by the beginning of the third trimester are more likely to breastfeed. Therefore the next step was to collaborate with community obstetricians and pediatricians and their staffs to ensure that counseling started in the prenatal period. Additionally, twice a month, the hospital offers a breastfeeding class which pregnant women and their partners are encouraged to attend, even if they are undecided about whether or not to breastfeed.

Another successful strategy has been the introduction of "kangaroo care." This practice involves placing the newborn, dressed only in a diaper and covered with a blanket, against the mother's bare chest.

"The skin-to-skin contact helps regulate the newborn's heart rate and body temperature," said Mrs. Galea. "Often babies will spontaneously begin to breastfeed when placed against their mothers' skin."

Encouraging mothers and babies to share a room while in the hospital further supports exclusive breastfeeding.

Many new mothers and healthcare professionals agree that breastfeeding can be challenging, especially in the first month.

The hospital has established a "warm line," a telephone number where women can leave a message to receive a prompt return call from a certified lactation specialist who is available to answer any questions and offer suggestions to encourage breastfeeding.

"Ethel and all of the nurses are a big reason why I was able to breastfeed for a year," said Mrs. Streater. "It helped knowing I could call Ethel and she would call me back that day. It is so important to have that support." ...

HEALTHCARE
YOU CAN
COUNT ON



BENEFITS OF BREASTFEEDING

For Moms, breastfeeding has been linked to reduced risk of:

- Type 2 diabetes
- Breast cancer
- Ovarian cancer
- Postpartum depression

Breastfeeding also...

- is more convenient than bottle-feeding
- Costs less than formula
- Encourages bonding
- May lead to greater weight loss after childbirth

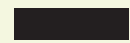
For babies, breastfeeding lowers the risk of:

- Gastrointestinal infections, ear infections and pneumonia
- Eczema and asthma
- Obesity
- Type 1 and type 2 diabetes
- Childhood leukemia
- Sudden Infant Death Syndrome (SIDS)

Breast milk also...

- Is easier for baby to digest
- Changes as baby grows
- Helps fight disease and illness

Source: WomensHealth.gov



Breastfeeding "Warmline"
(631) 351-2358

Nursing Contributes to CARE YOU CAN COUNT ON

O

NLY 383 HOSPITALS out of the 5,795 in the United States have achieved recognition by the coveted Magnet Program, a certification that attests to a facility's nursing excellence. When it earned this designation in 2004, Huntington was the first community hospital on Long

Island to be named a Magnet hospital by the American Nurses Credentialing Committee (ANCC). When it was re-designated in 2008, Huntington became the first Long Island hospital to achieve Magnet recognition two consecutive times.

What does the Magnet credential mean to our patients? Research shows that Magnet hospitals have improved clinical outcomes and more satisfied patients, according to the ANCC. Magnet designation emphasizes a highly educated nursing workforce. There is a growing body of evidence linking higher levels of education among nurses to improved patient outcomes. A large 2010 international study demonstrated that cardiac units and intensive care units staffed with a higher percentage of baccalaureate prepared nurses experienced, on average, 4.9 fewer patient deaths per 1,000 patients. Magnet hospitals also score higher on nurse-sensitive quality indicators such as infection rates, patient falls, pneumonias and pressure ulcers.

Magnet recognition has a huge impact on the nurses who work for the

designated hospital. The ANCC says that Magnet hospitals have higher percentages of satisfied registered nurses, lower RN turnover rates and lower vacancies. Becoming a Magnet hospital has altered the culture at Huntington, shifting it to one in which nurses have a high degree of professional autonomy and self-determination. For example, since 2006, direct care registered nurses have selected their own unit managers rather than have them appointed by hospital administrators. The nationally benchmarked RN Satisfaction Survey administered to our direct care nurses every two years shows a

very high level of satisfaction with the managers selected by that shared governance process.

"We are committed to the growth and development of every staff member," said **Myrna Myers-Laque**, RN, MEd., Vice President for Nursing and Chief Nursing Officer. "They are encouraged to specialize in areas that interest them and are provided with a variety of opportunities."

Toward that end, the hospital encourages and contributes financially toward the costs associated with its nurses pursuing advanced degrees. Huntington's staff includes a larger percentage of nurses who hold baccalaureate degrees or higher than the national average. Nurses at Huntington are also encouraged to achieve board certification in their specialty and the rate at which they have done so is twice that of the Magnet program's national benchmark.

"Last year I challenged our nurses to find ways to improve the care we provide to our growing number of elderly patients," said Mrs. Myers-Laque. "One of the strategies we identified was to have 100 of our registered nurses study for and pass the examination for board certification in Gerontological Nursing"

Eighty-seven nurses have already achieved this goal. Mrs. Myers-Laque says that the next step

will be for these nurses to form a council charged with improving care to the hospitalized elderly.

“Indicators will be identified and measured to ensure that we are having an impact,” she explained.

Registered nurses at Huntington fill a variety of roles, from bedside caregivers on medical/surgical units to coaching new moms in the Labor & Delivery Unit, from caring for a child following surgery to teaching a class on CPR, from tracking bed usage throughout the hospital to tracking central line infection rates, from managing the care of bariatric surgery patients to helping those with congestive heart failure avoid re-hospitalization.

A select group of registered nurses have transitioned into nursing informatics professionals who help bridge the gap between emerging technologies and their clinical applications. These nurses were instrumental in implementing the use of Vocera, a hands-free instant communication device that has enhanced patient care by connecting caregivers at all levels across the hospital. They are also engaged in the development and implementation of a hospital-wide electronic medical record (EMR).

Recognition of excellence is an integral aspect of the Magnet program. A number of internal award programs recognize those Huntington nurses who stand out among their peers. Last year, the hospital presented its inaugural “Wisdom in the Workplace” award to honor the contributions of seasoned nursing professionals who continue to share their knowledge and expertise with their colleagues. **Doris Martinson**, RN, who began her healthcare career as an LPN in 1957 and who has been affiliated with Huntington Hospital since 1980 was the first recipient of this award. The Zuckerberg Award, a North Shore-LIJ Health System award given each year to an outstanding RN at each system hospital, was given to **Marie Brennan**, RN, Nurse Manager of the Oncology Unit for her vision and leadership in a demanding domain of nursing practice.

Psychiatric nurse practitioner **Eileen Levy**,

RN, ANP, was also among those honored in 2010. She was Huntington Hospital’s nominee for the Nassau-Suffolk Hospital Council’s Nurse of Excellence Award.

The Magnet Nurse Award was presented to **Christine Guarnieri**, RN, a nurse who exemplifies the vision of the Magnet program.

Sharing knowledge and skills and working to better society are key Magnet principles. In 2010, Huntington’s Magnet nurses shared their expertise, innovations and best practices by making presentations at more than a dozen national professional conferences. To fulfill the expectation that Magnet hospitals will coach hospitals aspiring to achieve the Magnet goal, they are actively mentoring other hospitals that are beginning their Magnet journeys.

Their technical and clinical skills are in perfect counterbalance to the concern that Huntington’s nurses show for their patients, the community, and people in need the world over. When Haiti was struck by a devastating earthquake in January 2010, Huntington employees responded generously, donating cash as well as cashing in their vacation time to benefit relief efforts. Many were inspired to give by their colleagues who are natives of Haiti and still have relatives in the island nation. One of them, **Marie Cazeau**, RN, has made annual humanitarian trips to her homeland. With the support of her fellow employees and community members, Mrs. Cazeau has brought food, clothing, and gifts to children living in a Haitian orphanage. Thanks in part to her efforts, the orphanage was recently rebuilt, providing the children with adequate housing and, when Marie visits, plenty of hugs.

With more than 1100 staff members in the Nursing Department, this discipline accounts for more than 50% of the hospital’s workforce. Nursing professionals are involved in virtually every aspect of patient care at Huntington. For most of them nursing is more than a profession, it is a calling. Their contributions to the hospital and the community are immeasurable, and their professionalism and compassion can always be counted on. ...

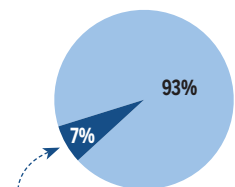


From top:
Doris Martinson, RN;
Marie Brennan, RN,
Eileen Levy, RN, ANP;
Christine Guarnieri, RN

HEALTHCARE
YOU CAN
COUNT ON



U.S. Hospitals Achieving Magnet Program Designation



Huntington is one of the 383 hospitals out of the 5,795 in the U.S. to achieve it.

THE COMMUNITY COUNTS ON US

To Stay Healthy

As a not-for-profit hospital, *Huntington is* engaged in a wide range of activities that benefit the community at large. Each year, hundreds of individuals take part in free hospital-sponsored screenings, lectures, and other events. The hospital reaches many more people through its participation in health fairs and events sponsored by other organizations such as the YMCA and local school districts.

The annual calendar of hospital-sponsored screenings includes a Heart Screening in February; a Skin Cancer Screening in May; and a Men's Health Screening in June. Two panel discussions featuring a multi-disciplinary group of medical experts discussing issues surrounding cancer survivorship are offered each year.

In addition to these ongoing events, in 2010 Huntington offered the Healthier Tomorrows Program, a unique pediatric weight management series that teaches children aged 9 - 16 to make healthy food choices and incorporate physical fitness into their lives. Since its inception, 205 children have participated in Healthier Tomorrows. Student athletes were the focus of an

outreach effort spearheaded by **Kent Stephenson, MD, MPH**, and the Arrhythmia Services Department, part of the Mariani Family Cardiology Center. Nurse practitioners, registered nurses and other professionals performed EKG screenings on student athletes at selected school districts to rule out the presence of potentially serious cardiac problems prior to athletic participation.

Helping new parents navigate the sometimes challenging first six months of life was the focus of the Great Parenting Series (GPS). This innovative program was designed by Huntington Hospital nurses and supported by a grant from the Sid Jacobsen YJCC.

More than 3,000 women learned whether they are at high-risk for breast cancer through an innovative outreach project spearheaded by Chief of Oncology **Birjis Akhund, MD** and implemented by gynecologists **John Wagner, MD**, **Ted Goldman, MD**, **Gerald Siegel, MD**, and others. Using the computerized GAIL risk assessment model, women were advised of their risk and counseled on preventive strategies including medication and lifestyle modifications.

Through projects such as these, community members learned more about their health, and found a hospital they can count on to not only take care of them during illness, but to help them stay well. ...



DOLAN CELEBRATES 15 YEARS OF SERVICE

IN 2010, the Dolan Family Health Center marked its 15th anniversary. Since the DFHC opened its doors in October 1995, it has provided more than 388,000 patient visits and its physicians have overseen the delivery of more than 4,580 healthy babies. In 2000, the DFHC was named “Not for Profit Business of the Year” by the Huntington Chamber of Commerce, and in 2001 it played a pivotal role in Huntington’s achievement of “All America City” status. Today, more than 9,000 men, women and children call the DFHC their medical home, the place they can turn to for annual check-ups, well-baby visits, and immunizations for their children. It is the place to go for management of diabetics’ blood sugar levels, for patients to receive prescriptions to help control their high blood pressure, and for those with asthma to obtain the monitoring and care they need — care

that keeps their chronic conditions in check and keeps them out of the emergency room.

The DFHC is also the place where numerous community agencies are able to find a welcoming host for their community events, classes, and meetings. It is the place where Huntington Hospital healthcare professionals frequently hold free health screenings and lectures.

But what makes the DFHC truly special are the dedicated people who work there. Physicians, including community-based volunteers, work side-by-side with registered nurses and nurse practitioners, medical assistants and social workers. Together they form a cohesive team focused on providing high quality, culturally competent care to their patients — care that goes far beyond a quick exam and a few notes entered into a medical chart. Care that really cares. ...



DOLAN HOLDS SCHOOL SUPPLY DRIVE

This past Fall, Dolan staff sent their patients back to school smiling. They collected backpacks, calculators, and other essentials to give 125 children the tools required for academic success. **Kathy Giffuni**, RN, Nurse Manager, **Donna-Marie Flumignan**, RN, Pediatric Nurse, and youngsters **Trevor** and **Benton**, 6-year-old twins, and their sister **Jacqueline**, 9, thanked **Bushra Dano**, Branch Manager of the Huntington branch of Astoria Federal Savings, for her company’s support of the Dolan Family Health Center’s school supply drive.

WE COUNT ON OUR AUXILIARY

HUNTINGTON HOSPITAL’S Auxiliary, formed in 1916, is one of the longest-running Auxiliaries on Long Island. The group has a proud history of supporting important endeavors at the hospital. Its primary goals are fundraising, which it carries out through a number of ongoing projects, and advocacy. Many Auxiliary members are also active hospital volunteers.

The Gift Shop, the Community Thrift Shop, the television rental program, and frequent special sales in the hospital lobby are among the fundraising activities sponsored by this dynamic group. The Auxiliary’s advocacy efforts include working to improve children’s health by assisting the Healthier Tomorrows Pediatric Weight Management Program, and focusing on community health by working on various screenings and outreach events. In 2010, Huntington’s Auxiliary was one of the hospital Auxiliaries whose efforts were recognized with Advocacy Award presented by the Healthcare Association of New York State (HANYNS).



AUXILIARY DONATES MORE THAN \$200,000 IN '10

Kevin F. Lawlor, hospital President and CEO (left) gratefully accepted the hospital Auxiliary’s \$212,243 donation. This represents the total of the Auxiliary’s multiple fundraising initiatives throughout 2010, including funds raised through lobby sales, telephone and television rental, and other special events. The donation was presented by (second from left to right) Auxiliary Executive Committee members **Edna Fetkowitz**, President; **Evelyn Darby**, Secretary; **Jackie Port**, VP, Fundraising; **Anita Rizzo**, VP, Advocacy and Outreach; and **Tom Rizzo**, Treasurer.



STRIKE! Bowling becomes sophisticated at 300 Long Island in Melville, host of Huntington Hospital's 2010 Strike Against Cancer. The sold-out event raised \$26,000 for the hospital's Don Monti Cancer Program. **Christine Guarneri**, RN; Don Monti Oncology Unit Nurse Manager, **Marie Brennan**, RN; and Women's Health Center Coordinator **Judy F. Koles**, RN, CBCN, were among the hundreds of hospital employees, physicians, friends and supporters who attended the 2010 Strike Against Cancer.

We Count On THE COMMUNITY'S SUPPORT

Huntington Hospital is fortunate to have a large number of generous supporters — individuals, local businesses, corporations and foundations that partner with us to provide the community with a hospital that is up-to-date, modern and fully equipped. Many of our former patients, Trustees and friends make donations to support specific initiatives. Others make unrestricted gifts which go toward the area of greatest need. There are many ways to give to Huntington Hospital — outright gifts of cash, or gifts of appreciated securities; charitable gift annuities that provide the donor with a lifetime income at a very attractive rate of return; memorial gifts in honor of a deceased loved one or tribute gifts to recognize a special person, achievement or milestone; stars on our Baby Wall to mark the birth of a child; gifts in kind — services or merchandise — and special events, which bring our friends together to celebrate our success while raising much needed funds for the hospital. ...



FORE! Heavy rain failed to dampen the spirits of the hearty souls who played 18 holes at Huntington Crescent Club and Indian Hills Country Club for Huntington Hospital's 2010 Annual Golf Classic. Despite less-than-ideal conditions, the sold-out event honoring **Michael Greco**, President of Greco Planning Group, raised \$250,000 for the Mariani Family Cardiology Center. Hospital President and CEO **Kevin Lawlor** (left) and Golf Classic Chairman **Alan Kisner**, MD (right) thanked honoree Michael Greco for his support.

TO LIFE! The first special event of 2010 was a benefit performance of Fiddler on the Roof at the John Engeman Theater in Northport. Hundreds of hospital friends attended the magical performance, which also included a pre-show cocktail reception courtesy of Dao Fusion Restaurant and Southern Wine & Spirits, and intermission dessert reception courtesy of Copenhagen Bakery in Northport. The event raised \$25,000 to benefit the hospital's Women's Health Center. **Dr. and Mrs. Scott Gross**, Board Chairman **Bernard M. Rosof, MD**, and infectious disease specialist **Ann Sacks-Berg, MD** were among the hospital friends and supporters who enjoyed the performance.



CRYSTAL BALL There was no need for a fortune teller to predict the success of the hospital's 2010 Gala, the Crystal Ball. Held at the magnificent Oheka Castle, the sold-out black-tie affair raised \$265,000 toward the renovation of the hospital's Maternity Unit. Featuring a casino, one-of-a-kind live and silent auction items and raffle prizes, the Gala was sponsored by Porsche Cars of North America, Atlantic Automotive Group, Frassanito Jewelers, The Arlindo & Evelyn Jorge Family Foundation, Libutti Diamond Jewelers, and Huntington Hospital's Medical Staff. Huntington Hospital President and CEO **Kevin F. Lawlor** (third from left) thanked Gala Committee members (left to right) **Kristine Colleluori, Meredith Hassett, Jennifer Levinson, Rebecca Griffiths, Nicole Gerberg, Elizabeth Vaughan, Patricia Rongo, Rachel Spencer** and **Lisa McCartan** for their hard work.

LADIES NIGHT The Women's Health Center was also the beneficiary of the second annual "I am..." event, an evening dedicated to empowering women to be the best they can be physically, mentally and emotionally. Sponsored by the Joanne Marzano Foundation, the event was held at Chateau Briand in Westbury. In 2009 and 2010, the event raised \$100,000 toward the purchase of a breast ultrasound machine. (Right) **Daneille Marzano** was presented with flowers by **Judy Koles, RN, CBCN**, at the second annual "I am..." event.



THE BASH IS BACK A longstanding Huntington tradition, the annual Bash on the Bay was held at the scenic Thatched Cottage in Centerport in July. A starlit summer evening on the Mill Pond, good friends, great food, exciting casino games, and a DJ spinning dance tunes helped create a successful sold-out event that raised more than \$75,000 for the Women's Health Center. **Robert Suarez**, Community Development, Bethpage Federal Credit Union (left), and **Lawrence Trivigno**, Assistant Vice President, Business Development, Bethpage Federal Credit Union (right), Bash on the Bay lead sponsor, were thanked by Bash Co-Chairs **Jack Palladino**, owner, Christopher's and Chesterfields in Huntington, and **Anne Marie Provenzano**, PT, Huntington Hospital Physical Therapy Department.



2010 HONOR ROLL OF DONORS

WE GRATEFULLY acknowledge all the individuals and businesses whose donations of \$250 or more were received between January and December of 2010. Your investment in our future is deeply appreciated.

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ARROW SUPPORTS CARDIAC UNIT

Hospital President and CEO **Kevin**

F. Lawlor (left) and Medical Director of Arrhythmia Service **Paul Maccaro**, MD (right) thanked hospital Trustee **Brian McNally**, President Arrow EMEA, for the company's generous \$30,000 contribution. The Arrow grant will be used to purchase a new EP Stimulator. This device is used to stimulate the heart in order to trigger a cardiac arrhythmia in a controlled laboratory setting. Electrophysiologists do this in order to diagnose life-threatening heart rhythm disturbances which they can treat with implantable pacemakers, medication, or radiofrequency ablation.



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**PRIME TREE LIGHTING KICKS OFF
 2010 HOLIDAY SEASON**

Prime Restaurant in Huntington kicked off the holiday season with the lighting of a huge spruce tree on the restaurant's waterfront deck. With help from (left to right) Town Council members **Glenda Jackson, Susan Berland and Mark Cuthbertson**, Prime co-owner **Michael Bohlsen** (center) welcomed special guests **Frank Petrone**, Huntington Town Supervisor, and hospital President and CEO **Kevin F. Lawlor** (right). Honoring the important role the hospital plays in the health of the community, Mr. Bohlsen used the tree lighting as an opportunity to present the hospital with a \$5,000 donation.



**COLD SPRING
 HILLS SUPPORTS
 HUNTINGTON HOSPITAL**

Cold Spring Hills Center for Nursing and Rehabilitation recently made a generous donation to support Huntington Hospital's programs. (Left) **David Pagan**, Director of Marketing (far right) **Joseph Seminaro**, CEO, made a presentation to Huntington Hospital's **Lynn Cohen**, Account Executive, New Markets.

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PORTO VIVO COLLECTS HOLIDAY GIFTS FOR DOLAN PATIENTS

Joy Mangano, owner of Porto Vivo Restaurant (kneeling with children) and members of her staff, including Executive Chef **Giuseppe Napoli**, Consulting chef **John Doherty** (left and second from left) and Vice President of Operations **David Costa** (right) visited the Dolan Family Health Center, bringing holiday gifts for young patients. The gifts were donated by children who visited the restaurant during the month of December for Porto Vivo's weekly Brunch with Santa. They were thanked by Dolan Center staff members **Kathy Giffuni**, RN, Nurse Manager and **William Gehrhardt**, MD, Medical Director (third and second from right).

CUB ROOM GETS A BOOST **Brianna Titcomb**, nicknamed Breezy, was an outgoing, athletic teenager when her life was cut short by a drunk driver as her family was returning from vacation. In her memory, the Cub Room, a computer and video-equipped playroom on the Clark Gillies Pediatric Unit, was donated by former New York Islander Pat LaFontaine's Companions in Courage Foundation. Brianna's mother, **Dawn** (far right), has been working with high school students to assemble welcome gifts to help make hospitalized children more comfortable. Students (left to right) **Emily Schlaeger**, **Carly Schuller**, **Katherine Blumin**, and **Brett Titcomb**, members of Cold Spring Harbor High School's Students Against Drunk Driving club (SADD) visited the hospital to present the gifts.



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YARD SALE

All proceeds to benefit the Dolan Family Health Center!

JOIN US

Sat., May 14, 2011

10am - 3pm

Dolan Family Health Center

FOR MORE INFO

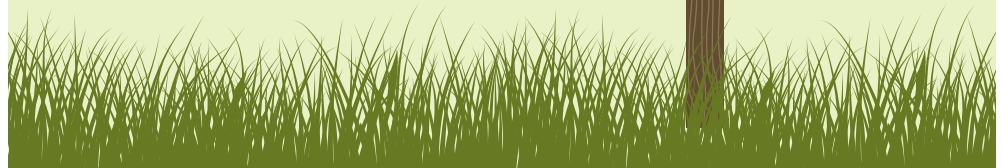
Call Carol Crawford or
 Kathy Giffuni at 425-5240

VOLUNTEERS NEEDED!

*One man's trash is
 another man's treasure!*

Please help us by donating any useable garage sale items. Take this opportunity to get started on your spring cleaning. We will be accepting anything from furniture, kitchenware, electronics, books to gently-worn clothing.

North Shore LIJ Huntington Hospital
 Dolan Family Health Center



MARCIE MAZZOLA FOUNDATION SUPPORTS HEALTHIER TOMORROWS FOR CHILDREN Nancy Mazzola of the Marcie Mazzola Foundation (center) recently presented a \$1500 check to Eileen Knauer, Executive Director, YMCA of Huntington, and Thomas McDonagh, MD, Medical Director of Huntington Hospital's Healthier Tomorrows Pediatric Weight Management Program. Funds will be used to offset the cost of the program for children who cannot afford to pay. For additional information call (631) 351-7923.

SONS OF ITALY SUPPORTS EMERGENCY DEPARTMENT EXPANSION

With the proceeds from their successful dinner dance and fashion show at Larkfield Manor, representatives of the Perry Como Lodge of the Sons of Italy made a generous donation to support the expansion and renovation of Huntington Hospital's Emergency Department. Maureen Ibrahim, RN, Emergency Department Assistant Nurse Manager (left) and Robert Mottola, Vice President of Development (fourth from left) thanked Sons of Italy members (left to right) Lucille Catanese, Lodge President Gabriel Ciccone, Regina Bordonaro, Carol Nucci, Carole C. Lucca, Debra M. Sciacca, and Rosemarie Kluepfel.



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BAE SUPPORTS DOLAN CENTER

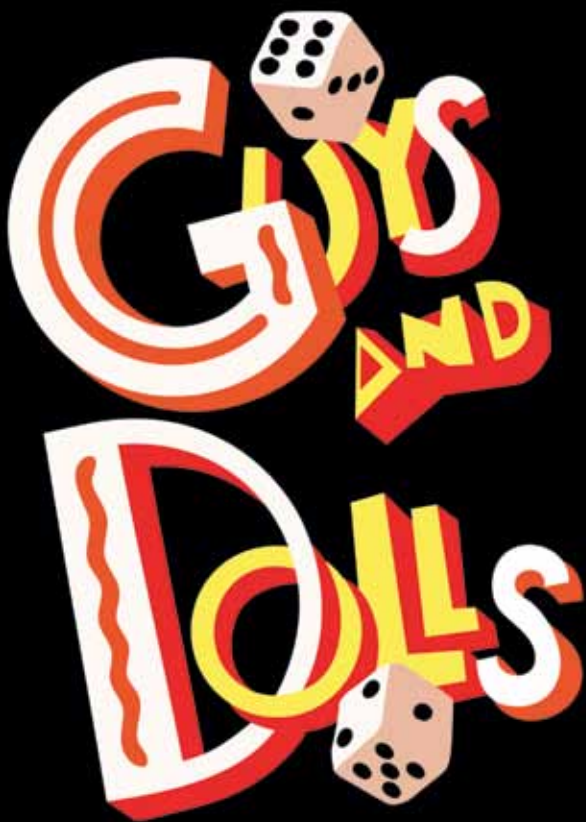
BAE Systems in Greenlawn made a generous donation to support Huntington Hospital's Dolan Family Health Center, a free-standing primary care center that provides high quality care to the area's uninsured and medically indigent. (Left to right) BAE staff members **Marie Felix**, Sr. Communications Representative, Electronics, Intelligence & Support, and **Donna Linke-Klein**, Director, Mission Computers & Antenna Solutions Intelligence, Surveillance & Reconnaissance Solutions, presented a check to **Terence Smith**, Dolan Center Administrator, and **Lynn Cohen**, Account Executive, New Markets.



Huntington Hospital is a proud participant in the

John W. Engeman
Theater at Northport
"Where Broadway Meets Main Street"

2010 - 2011 COMMUNITY GIVE BACK PROGRAM!



**NOW PLAYING
THROUGH JUNE 19, 2011**

**Mention Promo Code* "HUNTHOSP"
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\$55.00 per ticket —
a \$5.00 savings per ticket!**

Additionally, for each GUYS & DOLLS ticket sold using Promo Code "HUNTHOSP," the John W. Engeman Theater at Northport will donate \$10.00 to Huntington Hospital.

**ALL MEMBERS ARE ENCOURAGED
TO "TAKE A PART" IN THIS "DRAMATIC"
FUNDRAISING OPPORTUNITY!**

**For further program information and to purchase tickets
call 631-261-2900 or visit www.engemantheater.com**

*Promotion code is not valid for Friday or Saturday Evening Performances.



**CLARK GILLIES SUPPORTS CHILDREN'S
EMERGENCY CARE AT HUNTINGTON HOSPITAL**

Former New York Islander and NHL Hall-of-Famer **Clark Gillies** (second from right) visited Huntington Hospital's Clark Gillies Children's Emergency Care Center where he presented a \$50,000 check to hospital officials (left to right) **Kevin F. Lawlor**, President and CEO; **Lark MacDonald**, RN, Emergency Department Manager; **Michael Stratemeier**, MD, Chief, Emergency Medicine; and **Jahn Avarello**, MD, Director, Pediatric Emergency Department. Baby **Keily Gomez**, accompanied by her mother, **Georgina** (far right), is one of nearly 10,000 babies and children who received care in the Clark Gillies Children's Emergency Care Center last year, thanks to the generous support of Mr. Gillies and his Clark Gillies Foundation.



IGA DONATION

Charles Reichert, owner of IGA of Fort Salonga generously donated \$7,000 to Huntington Hospital for its Teddy Bear Clinic for community children. **Lynn Cohen** (right) from the hospital's Development Office thanked Mr. Reichert (second from left), owner of five IGA stores across Long Island, along with his wife, Helen (center), son, Thomas (left), and daughter, Tami.

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ASTORIA FEDERAL SUPPORTS MEN'S HEALTH

David Lee, Branch Manager of the Huntington Station branch of Astoria Federal Savings, was thanked by **Lynn Cohen**, Account Executive, New Markets, for Astoria's generous underwriting support of Huntington Hospital's 2010 Men's Health Screening.

ELWOOD SCHOOL DONATION

Mr. Scarpinito, a 7th grade Tech teacher at the Elwood Junior High School, helped his class complete a project that pleased the children in the Clark Gillies Pediatric Unit. The Tech class created little wooden toys that were donated directly to the Pediatric Unit for the children to enjoy. The toys, such as tops and tic-tac-toe boards, were all hand-crafted by the 7th grade students out of wood and were given to the very grateful patients and staff of the Pediatric Unit.



2ND ANNUAL
**EVERY WOMAN
MATTERS**

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*A Walk for Women and
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Sunday, May 22, 2011
Field 5, Jones Beach State Park
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Women's Health Center
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To join a Huntington Hospital Team,
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For additional information,
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Society of Italian-Americans & Friends *presents*

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Fashion Show

GALA

THURSDAY, MAY 26, 2011 • 7:00PM

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Portion of proceeds to benefit Huntington Hospital

\$60 tickets include sit-down dinner, wine, beer, soda & dessert.

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THRIFT SHOP GETS A HOLIDAY GIFT

Cathy Draskin, (far right) owner of Knockout Fashions in Huntington, ran a used clothing drive to benefit the Huntington Community Thrift Shop. She urged her customers to donate their gently used clothing, which she in turn donated to the shop, designating Huntington Hospital as the beneficiary. Thanking Ms. Draskin for her efforts were (left to right) **Dolly Sorensen**, Thrift Shop Manager, **Valerie Tyner**, Account Executive, Long Isand Radio Group, who helped coordinate the clothing drive, **Harriet Miller**, Huntington Hospital Thrift Shop Chairman, and Shop volunteers **Mary St. John**, **Theresa Caruso**, **Lois Kfoury**, **Joanne Grover**, and **Adrianna Stevens**.

RANGE ROVER DONATES SAFARI ANIMALS TO DOLAN PATIENTS

Dawn Cames, General Manager, Range Rover Huntington (left) and **Michael Levitan**, Long Island Automotive Group Vice President and COO (kneeling) were thanked by three of the Dolan Family Health Center's young patients along with Dolan staff members **Kathy Giffuni**, RN, Nurse Manager, and **William Gehrhardt**, MD, Medical Director, for their donation of stuffed safari animals. As part of a holiday promotion, Range Rover donated one plush toy for every plush toy that was purchased by visitors to their showroom.



GIFTS OF GOODS & SERVICES

EACH YEAR at this time, *Huntington Hospital acknowledges the generosity of all businesses and persons who make donations including gifts in kind.*

Unlike a monetary donation, the gift in kind is a contribution of goods or services. It could be a prize for a fund-raising raffle. It could be a gift of books or toys to patients. It could be a donation of food for an event that benefits the hospital. Gifts in kind are tax-deductible. Their use benefits patient care and helps keep our community hospital strong and vital.

The Huntington area has a long history of support for its hospital and has helped build it into a healthcare facility of extraordinary depth and range. "Without this support, both monetary and non-monetary, we could not fulfill our mission as well as we do," said **Robert Mottola**, Vice President for Development, Marketing & Community Relations. "We are deeply grateful to every corporation, business, foundation, and individual whose generosity has helped us provide superior care to so many."

Huntington Hospital physicians and employees are encouraged to patronize businesses which support our mission. If you have a product or service that you wish to donate, please call the Development Office at (631) 470-5213.

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 Rexer-Parkes Women's Wear
 Rhapsody Cakes
 Richard Charles Salon
 Alyson Richman
 Mr. & Mrs. John R. Riconda
 Rockville Camera Imaging Center
 James N. Romanelli, MD
 Ronald J. Krowne Creative Candid Colour
 Photography
 Patricia & Richard Rongo
 Rosa's Pizza
 Rue 57
 RX Express Pharmacy
 Saks Fifth Avenue
 Salon Aqua
 Salon Enterouge
 Salon O
 Sam Ash Music Corporation

Sandi The Psychic
 Sandy O's Faces
 Sebonack Golf Club – Mark Hissey
 Danielle Siano
 The Six O'Clock Scramble
 Smithtown Center for the Performing Arts
 The Smithtown Stitchers, Inc.
 Adam Snyder
 Sole East
 Somerset Gardens Senior Living
 Soto Salon
 South Seas Island Resort
 Southdown Wines & Spirits
 Southern Wine & Spirits
 Southwest Airlines Co.
 Splish Splash
 Spuntino Pizzeria & Restaurant
 St. Anthony of Padua R.C. Church
 Star Tracks
 Starbucks Coffee – Huntington Village
 Starvin Marvin Jewelers
 Stephanie's Dance With Us
 Stephen J. Greenberg, MD
 Stop & Shop
 Stroller Strides
 SunBurned Apparel
 Supreme Trophies Inc.
 SureFire, LLC
 Sushi Samba
 Swallow
 T.G.I. Friday's Restaurant
 Tanger Outlets at the Arches
 Tantou Mobile Tan – Amal Kapen
 Donna & Marino Tanzi
 TD Bank – Chris Giamo
 Theatre Three Productions, Inc.
 TheChefRob.com
 Tiki Action Park
 Tilles Center for the Performing Arts
 Time to Bling
 Toast And Co.
 Top Trenz, Inc.
 Traffic Bar & Lounge, NYC
 Tres Jolie Salon
 Tropical Tan U.S.A.
 Tutto Pazzo
 Tween Waters Inn
 Two Stephen Street
 Unique Soho Boutique/Lux-Me
 The Universe Knows, Inc.
 Unreal
 Variations, a dancer's studio
 Jean Vecchi
 Annette Vecchione
 Village Touch Free Car Wash
 W New York
 Wall St. Dry Cleaners
 The Waterfront Center at Oyster Bay
 Waters Crest Winery
 Whale's Tale Cafe
 White Castle Systems, Inc.
 Whitman Delicatessen
 Wholistic Wellness Center
 Wild by Nature
 Woodloch Pines Resort
 Written Decor
 YMCA of Huntington ●●●

MAY 1

Eatings Disorders Support Group

10:00 – 11:30am • 1-South Conference Room

For information, please call Jeannie Gedeon, MPH, RD, CDN at (631) 427-0002 or Hilary Brodsky, LCSW at (516) 241-5193

MAY 10

Obesity Surgery Seminar

5:00 – 6:00pm • 1-South Conference Room

Find out if you are a candidate for bariatric surgery, learn about the surgical procedures and realistic expectations for weight loss. Bring your family and friends. Bariatric surgeon David Buchin, MD, FACS, will answer all of your questions.

For additional information, call (631) 351-2024 or visit www.liosurgery.com.

MAY 12

Diabetes Education Series

Pain Management in Diabetes

ANNIE KAZANJIAN, MS, RN-BC, CLINICAL NURSE SPECIALIST

7:00 PM • Dolan Family Health Center

For additional information, please call Virginia Smith, RN, at (631) 547-7179. Registration is not required. Sessions are free! Speakers are subject to change.

MAY 23

WomenHeart of Huntington

Offers support and education for women living with heart disease

2:00 – 3:00 PM • Dolan Family Health Center

For information, please call (631) 499-4160 or (631) 271-3766.

MAY 24

Obesity Surgery Seminar See May 10 for details.

JUNE 5

Eatings Disorders Support Group

10:00 – 11:30am • 1-South Conference Room

For information, call Jeannie Gedeon, MPH, RD, CDN at (631) 427-0002 or Hilary Brodsky, LCSW at (516) 241-5193

JUNE 8

Path to Wellness: Cancer Survivorship Panel Discussion

FEATURING A MULTIDISCIPLINARY PANEL OF CANCER EXPERTS

6:00pm Registration; 6:30pm Discussion • Dolan Family Health Center

For information or to register, please call (631) 470-5201.

JUNE 9

Diabetes Education Series

Advances in Diabetes Treatment

MICHAEL BALKIN, MD, FACE, ENDOCRINOLOGIST

7:00 PM • Dolan Family Health Center

For information, please call Virginia Smith, RN, at (631) 547-7179. Registration is not required. Sessions are free! Speakers are subject to change.

JUNE 14

Obesity Surgery Seminar See May 10 for details.

JUNE 27

WomenHeart of Huntington See May 23 for details.

JUNE 28

Obesity Surgery Seminar See May 10 for details.

Breast Cancer Support Group I

FOR WOMEN NEWLY DIAGNOSED IN THE PAST YEAR

Meets the 2nd and 4th Thursday of each month • 5:30pm • Women's Health Center

Call Gail Probst, RN, AOCN at (631) 351-2568 or Judy Koles, RN, OCN at (631) 351-2564

Breast Cancer Support Group II

FOR WOMEN WHO HAVE BEEN DIAGNOSED MORE THAN ONE YEAR AGO

Meets 3rd Thursday of the month (not in July and Aug) • 7 – 9pm • 1-South Conf. Rm.

For more info, call Toni Lico at (631) 757-4581

Grupo de Apoyo de Mujeres

LATINAS CON CANCER EN LOS SENOS

Pare mas informacion, por favor de llarmara Carmen a (631) 951-6908

Nicotine Anonymous – Ann's Hope

A 12-STEP FELLOWSHIP OF MEN AND WOMAN HELPING EACH OTHER TO LEAD NICOTINE-FREE LIVES

Wednesdays • 7:30 – 8:30pm • Trailer #1

For info, call Patti Aliperti at (631) 385-1410

Oncology Support Group

Wednesdays • 7 – 9pm • Women's Health Center

For info, call Sue Degnan, LMSW, OSW-C, NBFC (631) 351-2013 or Mary Gordon, RN (631) 351-2343

Sisters of Greater Long Island

AN AFRICAN-AMERICAN BREAST CANCER SURVIVORS' ORGANIZATION

For info, call Pamela at (516) 606-2685, Mary at (631) 643-6702, or Cynthia at (631) 351-2343

Vasculitis Support Group

Dolan Family Health Center

For dates and info, call (631) 355-0979 or visit www.wix.com/longislandchapter/vasculitis

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Sold exclusively through the Huntington Hospital Gift Shop, the full-color **Huntington Township Historical Afghan** features nine historical sites in Huntington Township. *100% cotton, machine washable and fully fringed.*

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Visit our new relaxation corner for DVD's, jojoba oil, essential oils and Purification Essential Oil Spritzers.

FOR FURTHER INFORMATION OR TO PURCHASE BY PHONE (CREDIT CARDS ACCEPTED) FOR IN HOSPITAL DELIVERY, CONTACT 631-351-2212.

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- Joint Commission
- College of American Pathologists
- American Association of Blood Banks

DESIGNATIONS

- New York State Department of Health Level II Trauma Center
- New York State Department of Health Level II NICU
- New York State Department of Health Stroke Center

LICENSURE

- New York State Department of Health
- New York State Office of Mental Health

CERTIFICATIONS

- American College of Radiology (Mammography)
- American College of Surgeons Commission on Cancer
- American Stroke Association Gold Level Recognition
- Joint Commission's Gold Seal of Approval™ for health care quality in hip and knee replacement surgery
- Magnet Award – American Nurses Credentialing Center

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- American Hospital Association
- Greater New York Hospital Association
- Hospital Association of New York State
- Nassau-Suffolk Hospital Council
- Huntington Chamber of Commerce

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- The Townwide Fund of Huntington
- The United Way of Long Island

HUNTINGTON HOSPITAL & DOLAN FAMILY HEALTH CENTER STATISTICS

Patients Served

	2010	2009
Admissions (excluding births)	16,607	16,333
Births	1,564	1,547
Ambulatory Surgery Visits	8,891	8,892
Emergency Visits	49,659	49,180
Health Center Visits	28,122	30,315
Other Outpatient Visits	35,086	36,580
TOTAL PATIENTS SERVED	139,929	142,847

Statistical Summary of Selected Services

Antepartum/High Risk Pregnancy Visits	2,201	2,083
Anticoagulation Treatments	6,214	5,392
Cardiac Cath Lab Procedures	1,108	1,003
Cardiac Stress Tests	598	812
Echocardiographs	4,013	4,100
Electrocardiographs	41,028	40,342
Electroencephalographs	1,313	1,150
Electrophysiology Procedures	1,150	1,148
Endoscopies	2,703	2,485
Kidney Dialysis Treatments	3,986	4,296
Nuclear Medicine Procedures	3,230	2,935
Physical Therapy Treatments	23,141	23,558
Radiological Procedures:		
Diagnostic X-Ray	55,562	55,594
CT Scans	30,966	31,609
Interventional Radiology	1,324	1,065
Mammography	5,290	5,558
MRI	4,720	4,801
Ultrasound	11,187	10,691
Respiratory Therapy Treatments	99,143	110,103
Surgical Procedures	9,663	9,803

Statement of Revenue and Expense

(UNRESTRICTED FUNDS) For the Year Ended December 31 • 000 omitted

OPERATING REVENUE

From Patient Services (Net of allowances to Third Party Payors)

Less: Provision for Uncollectible Accounts and Charity Care

NET OPERATING REVENUE

OPERATING EXPENSES

Salaries

Employee Benefits

Supplies & Other Expenses

Depreciation and Interest

TOTAL OPERATING EXPENSES

Operating Income

Non-Operating Revenue (NOTE 1)

EXCESS OF REVENUE OVER EXPENSES

Consolidated Balance Sheet

As of December 31 • 000 omitted

ASSETS

Cash and Investments

Accounts Receivable (net of allowances for uncollectible accounts)

Supplies, Prepaid Expenses and Other Assets

Endowment and Special Purpose Funds

Assets Whose Use is Limited (NOTE 2)

Land, Buildings and Equipment

TOTAL ASSETS

LIABILITIES

Accounts Payable and Accrued Expenses

Accrued Retirement Benefits

Bonds and Leases Payable

Other Liabilities (NOTE 3)

TOTAL LIABILITIES

EQUITY

TOTAL LIABILITIES AND EQUITY

Note 1: Includes investment income, investment gains and losses and unrestricted contributions. • **Note 2:** Consists of funds restricted for use by financing agreements and board designated funds. • **Note 3:** Includes reimbursement contingencies and malpractice insurance liabilities. • A copy of the financial statements audited by the accounting firm of Ernst & Young, LLP is on file at the hospital.

HUNTINGTON HOSPITAL
270 Park Avenue
Huntington, NY 11743



Preventing a heart attack begins by aligning yourself with a highly skilled team of cardiac experts. Huntington Hospital gives you direct access to renowned cardiologists and related specialists, while our status as a Magnet Hospital means you'll be cared for by some of the top nurses in the country. Preventing an emergency, however, is always better than surviving one. Call (855) 855-4448 to get connected with the team that's right for you.

“Unfortunately, too many people meet me like this.”

– Kristyn Hickey, RN



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Shore LIJ** Huntington Hospital
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