

My Medication List

My Name

My doctor's telephone

My doctor's name

Huntington Hospital 631-351-2000

Date entered	Name and Strength	How Many, How Often?	What it is for	Other comments from me or my doctor
Example only 10-31-08	Tylenol 500 mg tab	2 tabs every 4 hours	As needed for headache pain	Do not exceed 4 doses in 24 hours

- ✓ **Take this medication list with you** when you go to any doctor visit or to the ER and update it regularly.
- ✓ Tell your doctor about any **side effects** you are having; let him know about any over-the-counter medications, prescriptions from other doctors, or herbal remedies that you use.
- ✓ **If you aren't sure** about your medications, **ask questions**. Consider bringing someone with you to medical visits to help you do this, and ask your doctor to write down important instructions.

Medication safety is important to your health. Our physicians and nurses want to help you to be an active partner in your own healthcare. This sheet may be copied without limitation for your use. Feel free to pass this guide along to your friends and family.

"My Medication List" is a project of the Huntington Hospital Office of Quality Management. For more information call 631.351.2645

